



North Los Angeles County Regional Center

Main 818-778-1900 • Fax 818-756-6140 | 9200 Oakdale Avenue #100, Chatsworth, CA 91311 | www.nlacrc.org

MEMORANDUM

Date: February 5, 2025

To: **Consumer Advisory Committee:** Juan Hernandez (chair), Bill Abramson, Pam Aiona, George Alvarado, Jennifer Koster, Destry Walker

From: Lindsay Granger, Executive Administrative Assistant

Subject: The next CAC Meeting: Wednesday, February 5, 2024, at 3:00pm

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Hello everyone!

Attached is information for this week's CAC meeting. Please review this information prior to the meeting and bring it with you to the meeting.

If you have any questions or if you are unable to attend the meeting, please let me know. I can be reached at (818) 452-4743 or at BoardSupport@nlacrc.org.

Thank you!

Join Zoom Meeting

<https://us06web.zoom.us/j/87280164927?pwd=d7rGgXtQqF7o3ZEeVfgAb306sApRFT.1>

Meeting ID: 872 8016 4927

Passcode: 480150

Attachments:
Meeting Packet



North Los Angeles County Regional Center

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CONSUMER ADVISORY COMMITTEE
Wednesday, February 5, 2025, 3:00 p.m.
Virtual Zoom
~ **AGENDA** ~

- 1. Call to Order & Introductions**
- 2. Agenda** – Approval of Agenda
- 3. Public Input**
- 4. Consent Items**
 - A. Approval of minutes November 6, 2024, meeting
- 5. Committee Business**
 - A. Transportation Updates – Juan Hernandez and Jose Rodriguez
 - B. Public Information Website Workgroup –Chris Whitlock
 - C. CAC Chair Report – Juan Hernandez
 - D. Day Program Outreach Meeting Update – Juan Hernandez
 - E. CAC Training Calendar – Jose Rodriguez
 - F. Discussion Returning to Hybrid Meetings
 - G. Everbridge Emergency Message System – Juan Hernandez and Jose Rodriguez
- 6. Action Items and Meeting Minutes**
- 7. Announcements / Information / Public Input**
 - A. Next meeting March 5, 2025
 - B. Attendance sheet
- 8. Adjournment**

North Los Angeles County Regional Center
Consumer Advisory Committee Meeting Minutes (Via Zoom)
November 6, 2024

Present: Juan Hernandez, Bill Abramson, Pam Aiona, Jennifer Koster, – **Committee Members**

Jacqueline Gaytan – DDS, Lety Garcia, Alex Phuong, Liz Lyons, Karla Reyes, Andrew Garcia, Elena Tiffany, Noa Goldfill - **Guests**

Angela Pau-Johnson, Santos Rodriguez, Jose Rodriguez, Kimberly Visokey, Arezo Abedi – **Staff**

Absent: George Alvarado, Destry Walker

1. Call to Order & Introductions

A. After technical issues were resolved, Juan Hernandez called the meeting to order at 3:47 pm

2. Agenda

3. Consent Items

A. Approval of Minutes from October 2, 2024 Meeting

M/S/C (Bill Abramson / Pam Aiona) To approve the October 2, 2024 minutes as presented.

4. Committee Business

A. CAC Chair Report – Juan Hernandez - **Deferred**

B. Employment Specialist Presentation – Kai Brennan

Kai Brennan, NLACRC Employment Services Specialist, provided updates on the employment services offered by the regional center. These include paid internship programs, day programs for building social skills, tailored day services, and support employment. A new service, Coordinate Career Pathways, was introduced, which includes a career pathway navigator and a customized employment specialist. This service is currently in pilot phase and is only available to those exiting a work activity program, minimum wage setting, or within two years of exiting secondary education. NLACRC also clarified that individuals should first consult with their service coordinator before seeking services from the Department of Rehabilitation.

C. Day Program Outreach Meeting Report – Juan Hernandez

Juan led a discussion on the need to focus on day programs and to understand their schedules and activities. The timing of a this meeting was also discussed, with the possibility that it was interfering with the schedules of participants, particularly those in a day program. The meeting was initially scheduled from 1 to 3 PM, but it was suggested that it should be moved to 11 AM to 1 PM to accommodate more participants.

D. VAC Meeting – Juan Hernandez

Juan informed the Committee that he would be attending the next Vendor Advisory Committee meeting to make a public announcement encouraging members of that committee to attend this committees meeting to strengthen the VAC and CAC partnerships.

E. CAC Training Calendar – Jose Rodriguez

The committee discussed the upcoming training calendar.

F. Consumer Advisory Committee Flyer Update – Jose Rodriguez

Jose reviewed the Committee Flyer, as presented in the packet

5. Identify Agenda Items for the Next Board Meeting

There were no items identified to go to the Board.

6. Announcements/Information/Public Input

A. Next meeting February 5, 2025

The committee discussed the meeting in February and would like it to be Hybrid, if the technical issues can be resolved. They also agreed to an informal Holiday Potluck on December 4, 2024.

B. Attendance sheet

7. Adjournment

Juan Hernandez adjourned the meeting at 4:37 pm.

Submitted by:

Kimberly Visokey

Executive Administrative Assistant

() The majority of these minutes are taken from the Minutes Service submission and reviewed/edited as presented herein by NLACRC staff.*



North Los Angeles County Regional Center
Consumer Advisory Committee

Training/Presentation Calendar

FY 2024-25

Date (Time)	Training/Presentation Topic
July 2024	Informal Meeting (check-in)
August 2024	CAC Orientation
September 2024	OCRA voting rights presentation
October 5 2024 Confirmed	Emergency preparedness (Roy Ortega)
November 1 2024	Employment specialist
December 2024	Informal Meeting (check-in)
January 2025	LEAP program TBD
February 2025	
March 2025	
April 2025	
May 2025	
June 2025	Budget update (legislative educators)

Note: Presentations should be no longer than 20 minutes.



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11AM-1PM**



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 **February 19, 2025**

 **1:30PM - 4PM**

 **Goodwill SoCal**
Northeast San Fernando Valley
AJCC/WSC
Campus Center Lower Level
13356 Eldridge Ave
Sylmar, CA 91342

 For more information contact
catalina.rodriguez@goodwillsoocal.org
818.482.1754 ext. 7005

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Black Family Wellness Expo



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San Fernando Valley (CA) Chapter

NATIONAL IMPACT DAY OF SERVICE



CALIFORNIA WORSHIP CENTER

Sunday, March 16th 2025

1:00-4:00 pm

214 MACLAY AVENUE SAN FERNANDO, CA 91340

YOU'RE
INVITED!

FREE EVENT

The California Worship Center in partnership with
The San Fernando Valley (CA) Chapter of The Links, Incorporated
invites you to the Black Family Wellness Expo!

- Health Screenings
 - Mental Health Resources
 - Kids Activities
 - Spiritual Wellness
 - Menopause Health
 - Men's Health
 - Free comprehensive biometric testing opportunity
 - Fitness Activities
 - Community Wellness Resources
 - Safety
 - Resources for Healthy Eating
 - Vendor Giveaways
 - Food Trucks
 - Music
- Great for all ages!!!

North Los Angeles County Regional Center

Consumer Advisory Committee

FY24-25 Meeting Attendance

Consumer Attendee <i>*Committee Members</i>	July 2024 DARK	August 2024	Sep 2024	Oct 2024	Nov 2024	Dec 2024 DARK	Jan 2025 DARK	Feb 2025	Mar 2025	Apr 2025	May 2025	Jun 2025	TOTALS Absences	TOTALS Attended (<i>Non-CM</i>)
Meeting Length														
*Juan Hernandez, Chair		P	P	P	P								0	
*Bill Abramson		P	P	P	P								0	
*Pam Aiona		P	Ab	P	P								1	
*George Alvarado		P	Ab	P	Ab								2	
*Jennifer Koster		P	P	P	P								0	
*Destry Walker		P	P	Ab	Ab								2	
Andrew Garcia		Ab	Ab	P	P								2	2
Elizabeth Lyons					P									
Alyssa Mazur		P	Ab	Ab	Ab									1
Y. Parvoool		P	Ab	Ab	Ab									1
Elena Tiffany		P	Ab	P	Ab									2

0.75 1.25 1.5 1.5

Membership: Consumers who attend 5 meetings in a 12-month period can become a CAC Member.