



North Los Angeles County Regional Center

Social Recreation, Camp and Non-Medical Therapies Request for Vendorization (RFV)

PROJECT #7: Recreational Therapist (694)

DEADLINE FOR SUBMISSION: Ongoing until resource need declines

PROJECT OVERVIEW

The Community Services Department of the North Los Angeles County Regional Center (NLACRC) is releasing this Request for Vendorization (RFV) to seek qualified and experienced Recreational Therapists to provide non-medical therapies or services, used alongside evidence-based interventions/conventional treatments, for children and adults found eligible for regional center services to achieve an Individual Family Service Plan (IFSP) or an Individual Program Plan (IPP) objective.

INDIVIDUALS TO BE SERVED

Recreational Therapy is designed to maximize and strengthen an individual's interaction and skills through leisure activities. Non-medical therapies, including Recreational Therapy, are provided to children and adults who are eligible for regional center services as a recreation or socialization program. Services may focus on using therapeutic modalities to mitigate social skill challenges. These non-medical therapies can provide family supports through planned relief, improve social skills, and support habilitative services. Non-medical therapies can also provide individuals opportunities in both integrated and specialized settings to engage in hobbies, participate in recreational events, and pursue leisure interests.

ADMISSION CRITERIA

Applicants should design a program that is equipped to meet the specialized needs of individuals whose diagnoses are likely to include the following:

- Mild to moderate levels of cognitive deficit
- Autism and Autism Spectrum Disorders
- Seizure Disorders
- Mental Illness/Psychiatric Diagnosis
- Need for assistance with some or all aspects of social engagement in the community.
- Non-ambulatory with mild to severe mobility challenges

PROPOSED MODELS OF SERVICE

All non-medical therapies must be evidence-based in order to be considered habilitative and for NLACRC to have the statutory authority to purchase. It is the policy of NLACRC to refrain from purchasing non-medical therapies as therapeutic/medical treatment, as non-medical therapies have yet to demonstrate efficacy and evidence of effectiveness as clinical therapies. Please know, regional centers do not have the statutory authority to purchase experimental treatments, therapeutic services, or devices that have not been clinically determined or scientifically proven to be effective or safe, or for which risks and complications are unknown. Experimental treatments or therapeutic services include experimental medical or nutritional therapy when the use of the product for that purpose is not a general physician practice.

Recreational Therapy will be provided on a time-limited basis to accomplish various activities indicated within the individual's Individual Family Service Plan (IFSP) or Individual Program Plan (IPP).



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MINIMUM QUALIFICATIONS FOR APPLICANTS

A Recreational Therapist must possess the skills, training, and education necessary to provide non-medical therapies alongside evidenced based convention. Per Title 17, Section 54342(a)(65), a Recreational Therapist must possess a valid registration issued by the National Council for Therapeutic Recreation Certification or the California Board of Recreation and Park Certification and provides the following services:

- Uses self-motivating recreational activities to develop the individual's motor skills, social skills, sensory functioning, or acceptable behavior;
- Counsels the individual in recreation and leisure pursuits; and
- Provides other services consistent with the duties specified in (A) and (B) above.

RATE OF REIMBURSEMENT

This service is funded at a Department of Developmental Services (DDS) Statewide Median Rate. Currently, the rate is \$28.34 per hour, per individual.

Please note that per Welfare and Institutions Code (WIC) 4650.10 all generic resources must be explored in the individual's community prior to requesting regional center funding.

This project **DOES NOT** have startup funds associated. Applicants are responsible for 100% of the initial start-up cost and continued maintenance of the business. Additionally, pursuant to Title 17, Section 54322(d)(10), Regional Centers cannot guarantee referrals.