



North Los Angeles County Regional Center

Social Recreation, Camp and Non-Medical Therapies Request for Vendorization (RFV)

PROJECT #4: Art Therapist (691)

DEADLINE FOR SUBMISSION: Ongoing until resource need declines

PROJECT OVERVIEW

The Community Services Department of the North Los Angeles County Regional Center (NLACRC) is releasing this Request for Vendorization (RFV) to seek qualified and experienced Art Therapists to provide non-medical therapies or services used alongside evidence-based interventions/conventional treatments, for children ages (3+) and adults found eligible for regional center services to achieve an Individual Family Service Plan (IFSP) or an Individual Program Plan (IPP) objective.

INDIVIDUALS TO BE SERVED

Art Therapy is designed to maximize and strengthen an individual's interactions and skills through art. Non-medical therapies, including Art Therapy, are provided to children and adults who are eligible for regional center services as a recreation or socialization program. Services may focus on using therapeutic modalities to mitigate social skill challenges. These non-medical therapies can provide family supports through planned relief, improve social skills, and support habilitative services. Non-medical therapies can also provide individuals opportunities in both integrated and specialized settings to engage in hobbies, participate in recreational events, and pursue leisure interests.

ADMISSION CRITERIA

Applicants should design a program that is equipped to meet the specialized needs of individuals whose diagnoses are likely to include the following:

- Mild to moderate levels of cognitive deficit
- Autism and Autism Spectrum Disorders
- Seizure Disorders
- Mental Illness/Psychiatric Diagnosis
- Need for assistance with some or all aspects of social engagement in the community.
- Non-ambulatory with mild to severe mobility challenges.

PROPOSED MODELS OF SERVICE

All non-medical therapies must be evidenced-based in order to be considered habilitative and in order for NLACRC to have the statutory authority to purchase. It is the policy of NLACRC to refrain from purchasing non-medical therapies as a therapeutic/medical treatment as non-medical therapies have yet to demonstrate clinical efficacy and evidence of effectiveness as a clinical therapy. Please know, regional centers do not have the statutory authority to purchase experimental treatments, therapeutic services, or devices that have not been clinically determined or scientifically proven to be effective or safe or for which risks, and complications are unknown. Experimental treatments or therapeutic services include experimental medical or nutritional therapy when the use of the product for that purpose is not a general physician practice.

Art Therapy will be provided on a time limited basis to accomplish various activities indicated within the individuals Individual Family Support Plan (IFSP), Individual Program Plan (IPP).

MINIMUM QUALIFICATIONS FOR APPLICANTS

An Art Therapist must possess the skills, training and education necessary to provide non-medical therapies



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alongside evidenced based conventions using art media as a means of expression and communication to promote the individual's perceptive, intuitive, affective, and expressive experiences which lead to the individual's personal growth or personality reintegration.

Per Title 17, Section 54342(a) (7) an Art Therapist must possess "a current registration issued by the American Art Therapy Association" which requires:

- A master's degree including training in the creative process, psychological development, group therapy, art therapy assessment, psychodiagnostics, research methods, and multicultural diversity competence.
- A minimum 100 hours of supervised practicum, and 600 hours of supervised art therapy clinical internship.
- Preparatory training in studio art (drawing, painting, clay, etc.) and foundational areas of study in psychology.
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RATE OF REIMBURSEMENT

This service is funded at a usual and customary rate meaning the rate which is regularly charged by a vendor for a service that is used by both recipients of regional center services and/or their families and where at least 30% of the recipients of the given service do not receive regional center services for themselves or their families. If more than one rate is charged for a given service, the rate determined to be the usual and customary rate for an individual who receives regional center services and/or family shall not exceed, whichever rate is regularly charged to members of the general public who are seeking the service for an individual with a developmental disability who is does not receive regional center services, and any difference between the two rates must be for extra services provided and not imposed as a surcharge to cover the cost of measures necessary for the vendor to achieve compliance with the Americans With Disabilities Act.

Please note that per Welfare and Institutions Code (WIC) 4650.10 all generic resources have been explored in the individual's community prior to requesting regional center funding.

This project **DOES NOT** have startup funds associated. Applicants are responsible for 100% of the initial start-up cost and continued maintenance of the business. Additionally, pursuant to Title 17 section 54322, (d) (10) Regional Centers cannot guarantee referrals.