



## North Los Angeles County Regional Center **Social Recreation, Camp and Non-Medical Therapies** **Request for Vendorization (RFV)**

**PROJECT #3:** Specialized Recreational Therapy (106)

**DEADLINE FOR SUBMISSION:** Ongoing until resource need declines

### **PROJECT OVERVIEW**

The Community Services Department of the North Los Angeles County Regional Center (NLACRC) is releasing this Request for Vendorization (RFV) to seek qualified and experienced Specialized Recreational Therapists to provide non-medical therapies, or services used alongside evidence-based interventions/conventional treatments, for children ages (3+) and adults found eligible for regional center services to achieve an Individual Family Service Plan (IFSP) or an Individual Program Plan (IPP) objective.

### **INDIVIDUALS TO BE SERVED**

Specialized Recreational Therapy is designed to maximize and strengthen an individual's interaction and skills through recreational activities. Non-medical therapies, including Specialized Recreational Therapy, are provided to children and adults who are eligible for regional center services as a recreation or socialization program. Services may focus on using therapeutic modalities to mitigate social skill challenges. These non-medical therapies can provide family supports through planned relief, improve social skills, and support habilitative services. Non-medical therapies can provide opportunities in both integrated and specialized settings to engage in hobbies, participate in recreational events, and pursue leisure interests.

### **ADMISSION CRITERIA**

Applicants should design a program that is equipped to meet the specialized needs of an individual whose diagnoses are likely to include the following:

- Severe or moderate to mild levels of cognitive deficit
- Autism and Autism Spectrum Disorders
- Seizure Disorders
- Mental Illness/Psychiatric Diagnosis
- Need for assistance with some or all aspects of social engagement in the community.
- Non-ambulatory with mild to severe mobility challenges.
- Individuals with functional limitations such as vision or hearing loss.

### **PROPOSED MODELS OF SERVICE**

Specialized Recreational Therapy includes, but is not limited to:

- Equestrian therapy,
- Movement therapy and
- Therapeutic play.

All non-medical therapies must be evidenced-based in order to be considered habilitative and in order for NLACRC to have the statutory authority to purchase. It is the policy of NLACRC to refrain from purchasing non-medical therapies as a therapeutic/medical treatment as non-medical therapies have yet to demonstrate clinical efficacy and evidence of effectiveness as a clinical therapy. Please know, regional centers do not have the statutory authority to purchase experimental treatments, therapeutic services, or devices that have not been clinically determined or scientifically proven to be effective or



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safe or for which risks, and complications are unknown. Experimental treatments or therapeutic services include experimental medical or nutritional therapy when the use of the product for that purpose is not a general physician practice.

Specialized Recreational Therapy will be provided on a time limited basis to accomplish various activities indicated within the individuals Individual Family Service Plan (IFSP), Individual Program Plan (IPP).

**MINIMUM QUALIFICATIONS FOR APPLICANTS**

Providers shall be credentialed and/or licensed as required by the State of California to practice in the field of therapy being offered. Equestrian Therapy providers shall also possess a current program accreditation and instructor certification with the Professional Association of Therapeutic Horsemanship International (PATH Intl.) formally known as North American Riding for the Handicapped Association (NARHA).

It is mandatory that applicants have proven expertise and extensive experience in the successful operation of a program serving individuals whose service needs are similar to those for whom this service is being developed. NLACRC is looking for a provider who demonstrates strength in the areas of providing specialized support to the individuals and families we serve.

**RATE OF REIMBURSEMENT**

This service is funded at a Department of Developmental Services (DDS) Statewide Median Rate. Currently, the rate is \$27.98 per hour, per individual; \$72.75 per hour for a group rate. Additionally, a daily and weekly rate are available.

Please note that per Welfare and Institutions Code (WIC) 4650.10 all generic resources have been explored in the individual's community prior to requesting regional center funding.

This project **DOES NOT** have startup funds associated. Applicants are responsible for 100% of the initial start-up cost and continued maintenance of the business. Additionally, pursuant to Title 17 section 54322, (d) (10) Regional Centers cannot guarantee referrals.