



North Los Angeles County Regional Center

Main 818-778-1900 • Fax 818-756-6140 | 9200 Oakdale Avenue #100, Chatsworth, CA 91311 | www.nlacrc.org

MEMORANDUM

Date: November 1, 2024

To: **Consumer Advisory Committee:** Juan Hernandez (chair), Bill Abramson, Pam Aiona, George Alvarado, Jennifer Koster, Destry Walker

From: Kimberly Visokey, Executive Administrative Assistant

Subject: The next CAC Meeting: Wednesday, November 6, 2024, at 3:00pm

.....

Hello everyone!

Attached is information for this week's CAC meeting. Please review this information prior to the meeting and bring it with you to the meeting.

If you have any questions or if you are unable to attend the meeting, please let me know. I can be reached at (818) 778-4404 or at BoardSupport@nlacrc.org.

Thank you!

Join Zoom Meeting

<https://us06web.zoom.us/j/87280164927?pwd=d7rGgXtQqF7o3ZEeVfgAb306sApRFT.1>

Meeting ID: 872 8016 4927

Passcode: 480150

Attachments



North Los Angeles County Regional Center

Main 818-778-1900 • Fax 818-756-6140 | 9200 Oakdale Avenue #100, Chatsworth, CA 91311 | www.nlacrc.org

CONSUMER ADVISORY COMMITTEE

Wednesday, November 6, 2024, 3:00 p.m.

Hybrid Meeting

In-Person, Chatsworth NLACRC Office with Virtual Option

~ **AGENDA** ~

1. **Call to Order & Introductions** – *Juan Hernandez*
2. **Agenda** (*Page 2*)
3. **Consent Items**
 - A. Approval of minutes October 2, 2024, meeting (*Page 3*)
4. **Committee Business**
 - A. CAC Chair Report – *Juan Hernandez*
 - B. Employment Specialist Presentation – *Kai Brennan*
 - C. Day Program Outreach Meeting Report – *Juan Hernandez*
 - D. VAC Meeting – *Juan Hernandez*
 - E. CAC Training Calendar – *Jose Rodriguez* (*Page 6*)
 - F. Consumer Advisory Committee Flyer Update – *Jose Rodriguez*
5. **Identify agenda items for the Next Board Meeting**
6. **Announcements / Information / Public Input**
 - A. Next meeting February 5, 2024
 - B. Attendance sheet (*Page 7*)
7. **Adjournment**

North Los Angeles County Regional Center
Consumer Advisory Committee Meeting Minutes (Via Zoom)
October 2, 2024

Present: Juan Hernandez, Bill Abramson, Pam Aiona, George Alvarado, Jennifer Koster, – **Committee Members**

Mark Wolfe – DDS Tech Advisor, Marianita Mendez – DDS, Alex Phuong, Elisa Herzog, Andrew Garcia, Elena Tiffany - **Guests**

Angela Pau-Johnson, Cristina Preuss, Santos Rodriguez, Jose Rodriguez, Roy Ortega, Kimberly Visokey – **Staff**

Absent: Destry Walker

1. Call to Order & Introductions

A. Juan Hernandez called the meeting to order at 3:02 pm

2. Consent Items

A. Approval of Minutes from September 4, 2024 Meeting

M/S/C (George Alvarado / Jennifer Koster) To approve the June 6, 2024 minutes as presented.

3. Committee Business

A. CAC Chair Report – Juan Hernandez

Juan reported that at the Board of Trustees meeting, he stressed to the Board the importance of this committee and requested that Board members attend the CAC meetings more. He emphasized the need for more public involvement and outreach.

B. In-Person Meeting Update – Juan Hernandez

The Committee discussed the possibility of virtual and In-Person meetings, with Bill expressing a preference for In-Person meetings. Kimberly confirmed that they have successfully tested a hybrid format. The team also discussed the potential for increased in-person attendance due to comfort levels.

M/S/C (Jennifer Koster / Bill Abramson) To schedule the November CAC meeting as a Hybrid meeting in the Chatsworth office.

C. LEAP Program Information – Juan Hernandez

Juan discussed a training he attended about a certificate for hiring managers in state entities, with the aim of improving consumer services. He expressed his

intention to understand the process better and bring more information to the committee.

D. Emergency Preparedness – Roy Ortega

The meeting then proceeded to a presentation by Roy Ortega. Roy initiated a discussion on emergency preparedness, coinciding with National Preparedness Month. He emphasized the importance of having an emergency plan, staying in front of emergencies, and having an emergency go-kit. He also highlighted the need to update emergency kits and include provisions for pets. The team was encouraged to review their emergency plans and kits, with George and Juan sharing their preparedness measures. A video was played to illustrate the importance of having a clear emergency plan and the consequences of not having one.

Roy emphasized the importance of being prepared for emergencies, using a hypothetical fire scenario as an example. He introduced a new slide highlighting how disasters often disproportionately affect vulnerable populations and questioned whether the team's needs made them vulnerable. Roy also discussed the importance of safety and communication within the regional center, explaining the use of the Everbridge platform for mass communication alerts. He encouraged the use of apps like My Shake and Alert LA County for staying informed about emergencies and suggested having a plan and an emergency kit in case of a disaster.

The Committee discussed emergency preparedness measures, such as having disaster kits at home and in cars, knowing what to do during earthquakes, and participating in the upcoming National Shakeout drill.

E. CAC Outreach discussion / sign ups – Juan Hernandez

Juan led the discussion, emphasizing the importance of recruitment of members to the committee. Juan proposed the addition of a Presentation Calendar to the agenda, suggesting it would be beneficial for learning purposes. He also expressed interest in having a more in-depth presentation on employment services, including the Paid Internship Program and the Competitive Integrated Employment.

F. VAC Committee Member for CAC – Juan Hernandez

Juan expressed his intention to attend the VAC Committee meeting and proposed an outreach plan to increase attendance.

4. Identify Agenda Items for the Next Board Meeting

There were no items identified to go to the Board.

5. Announcements/Information/Public Input

- A. Flyers Attached
 - a. Consumer Advisory Committee Flyer
 - b. Community Learning Forums
 - c. VPH Health Fair. October 5, 2024
 - d. Self-Advocacy Academy, October 15, 2024
 - e. Fall Community Resource Fair, October 19, 2024
 - f. FFRC All Abilities Resource Fair, October 19, 2024
 - g. CFGC Halloween fest, October 26, 2024
- B. Next meeting November 6, 2024
- C. Attendance sheet

6. Adjournment

Juan Hernandez adjourned the meeting at 4:40 pm.

Submitted by:

Kimberly Visokey

Executive Administrative Assistant

() The majority of these minutes are taken from the Minutes Service submission and reviewed/edited as presented herein by NLACRC staff.*



North Los Angeles County Regional Center
Consumer Advisory Committee

Training/Presentation Calendar

FY 2024-25

Date (Time)	Training/Presentation Topic
July 2024	Informal Meeting (check-in)
August 2024	CAC Orientation
September 2024	OCRA voting rights presentation
October 5 2024 Confirmed	Emergency preparedness (Roy Ortega)
November 1 2024	Employment specialist
December 2024	Informal Meeting (check-in)
January 2025	LEAP program TBD
February 2025	
March 2025	
April 2025	
May 2025	
June 2025	Budget update (legislative educators)

Note: Presentations should be no longer than 20 minutes.

North Los Angeles County Regional Center

Consumer Advisory Committee

FY24-25 Meeting Attendance

Consumer Attendee <i>*Committee Members</i>	July 2024 DARK	August 2024	Sep 2024	Oct 2024	Nov 2024	Dec 2024 DARK	Jan 2025 DARK	Feb 2025	Mar 2025	Apr 2025	May 2025	Jun 2025	TOTALS Absences	TOTALS Attended (<i>Non-CM</i>)
Meeting Length														
*Juan Hernandez, Chair		P	P	P									0	
*Bill Abramson		P	P	P									0	
*Pam Aiona		P	Ab	P									1	
*George Alvarado		P	Ab	P									1	
*Jennifer Koster		P	P	P									0	
*Destry Walker		P	P	Ab									1	
Andrew Garcia		Ab	Ab	P									2	1
Alyssa Mazur		P	Ab	Ab										1
Y. Parvoool		P	Ab	Ab										1
Elena Tiffany		P	Ab	P										2

0.75 1.25 1.5

Membership: Consumers who attend 5 meetings in a 12-month period can become a CAC Member.