

**NLACRC Self-Determination Local Advisory Committee
Committee Centered Plan 2023-24
Adopted 01-18-24**

Goal 1: Review and update the current NLACRC SDP process for transitioning into the SDP and the year 2 and beyond, and ensure that it is timely and seamless for self-advocates and families with knowledgeable staff, accurate information, best practices, and less bureaucracy.

| <u>Objectives</u> | <u>Action Steps</u> | <u>Timeline</u> | <u>Who is responsible?</u> |
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| <ol style="list-style-type: none"> 1. Identify barriers participants and families face 2. Identify barriers the NLACRC SDP team faces 3. Identify barriers that regional center faces 4. Identify barriers CSCs face 5. Identify barriers that the FMSs face 6. Identify barriers that IFs face 7. Identify barriers that service providers face | <ol style="list-style-type: none"> 1. Research and report findings of the barriers faced to the BPS/SDLAC 2. Create an action plan to address those barriers and report to the BPS/SDLAC | <p style="text-align: center;">April meeting progress report due</p> | <ol style="list-style-type: none"> 1. Jordan 2. Lori and Richard 3. Richard 4. Alex 5. Ellen 6. Miriam 7. Alex |

Goal 2: Ensure that self-advocates are as involved as they want to be in the SDP program (break down bureaucracy so they can participate) and explore the low participation of SDP participants (self-advocates) coming to our monthly SDLAC meetings.

| <u>Objectives</u> | <u>Action Steps</u> | <u>Timeline</u> | <u>Who is responsible?</u> |
|---|---|-----------------------------------|----------------------------|
| 1. Develop a survey for the SDP participants (self-advocates) | <ol style="list-style-type: none"> 1. Attend CAC committee meetings to gather feedback 2. Create a survey 3. Have NLACRC distribute the survey via BPS 4. Compile and report on the survey to our committee 5. Create an action plan | April meeting-progress report due | Jordan |

Goal 3: Increase access, support, and outreach efforts for SDP in underserved communities.

| <u>Objectives</u> | <u>Action Steps</u> | <u>Timeline</u> | <u>Who is responsible?</u> |
|--|---|-----------------------------------|----------------------------|
| <ol style="list-style-type: none"> 1. Conduct outreach in underserved communities 2. Get data on underserved by race, ethnicity, disability, geographic profile, and any other relevant data point | <ol style="list-style-type: none"> 1. Collaborate with the FFRC, DVU, OCRA, and Ombuds Office to collect data on who are the underserved at NLACRC 2. Gather NLACRC data on the underserved | April meeting-progress report due | Vicki and Wilmary |

Goal 4: Training: Committee members, participants, family members, service providers, and service coordinators should learn together on different aspects of the SDP, Person Centered Thinking, including Regional Center processes, DDS directives, roles and responsibilities of Regional Center service coordinators, Participant Choice Specialists, IF, self-advocates, and family members.

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| <ol style="list-style-type: none"> 1. Meet with NLACRC upper management to get a clear idea of their view on how to organize SDP to make it more efficient and productive 2. Service coordinators need updated trainings co-conducted by committee and participants 3. Develop follow-up mechanisms with CSCs 4. Meet with NLACRC to discuss how the SDP Principles impact IPP planning and decision making 5. Create a summary of what is required for federal reimbursement in SDP | <ol style="list-style-type: none"> 1. Conduct a series of trainings for RC staff, with modules around subject areas, that are ongoing 2. Select grantee to assist with trainings 3. Work with RFP recipient to create a checklist of the federal reimbursement requirements 4. Present all findings to the BPS/SDLAC | <p>April meeting- progress report due</p> | <p>Richard, Wilmary</p> |

Goal 5: Provide education sessions on responsibilities and the roles of the local advisory committee including the SDP statute and the role of Bagley-Keene.

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|---|--|---|----------------------------|
| <ol style="list-style-type: none"> 1. Have a more productive and efficient advisory committee meetings 2. Utilize the Consumer Services Committee to forward our advice and concerns 3. Have RC board and staff understand the role and how the committee can advance the SDP 4. Committee chooses their own board liaison 5. Have the SDLAC represented at the NLACRC Board of Trustees meeting for presentations and questions | <ol style="list-style-type: none"> 1. Agendize the SDLAC at every board meeting 2. Committee members should attend board meetings on a rotating basis 3. Training for committee members on responsibilities and the DDS guidelines for conducting meetings 4. Committee lead training for board on the SDP 5. Attend Consumer Services Committee meetings on a rotating basis | <p>April meeting- progress report due</p> | <p>Richard and Jon</p> |

Goal 6: Establish effective metrics on the implementation and effectiveness of the self-determination program for self-advocates and families and report this data periodically.

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|--|--|---|----------------------------|
| <ol style="list-style-type: none"> 1. Prioritize which metrics impact the SDP participants and their circle of support 2. Publicize the metrics to get public comments <p>Lori Walker's Zoom Meeting</p> | <ol style="list-style-type: none"> 1. Have a workgroup to develop sets of metrics for the committee to vote on 2. Publish the metrics on website | <p>April meeting- progress report due</p> | <p>Richard</p> |

Goal 7: Increase communication of the SDP with participants, families, and the community.

| <u>Objectives</u> | <u>Action Steps</u> | <u>Timeline</u> | <u>Who is responsible?</u> |
|--|--|---|-----------------------------------|
| <ul style="list-style-type: none"> 1. A pamphlet handed out at every IPP 2. Monthly online newsletter—News You Can Use 3. Flyers 4. Social media promotion 5. Website on Self-Determination at NLACRC 6. Orientation updates 7. Maximize the utilization of our committee email | <ul style="list-style-type: none"> 1. Committee review the pamphlet being handed out and verify that it is happening 2. Explore newsletter that staff is producing – work jointly with the committee 3. Verify current SDP flyer and update where necessary | <p>April meeting- progress report due</p> | <p>Lori, Miriam, and Socorro</p> |