



ACCESS Travel Training Program

In partnership with Access Services, MMP teaches Access Cardholders how to use public transportation safely and independently in Los Angeles County. MMP utilizes an individualized "person-centered" approach with each participant, focusing on their abilities and strengths and how these can be used to achieve their transit goals.

Services We Provide:

- Individual Travel Training: A personalized one on one instructional training for ACCESS cardholders with restricted or unrestricted eligibility where they learn the ins and outs of using public transit by focusing on their abilities.
- O&M Travel Training: Individual travel training for ACCESS cardholders with restricted or unrestricted eligibility who are visually impaired and have previously completed O&M training.
- Small Group Training: A group of 3-6 ACCESS cardholders with restricted or unrestricted eligibility who are trained to a predetermined destination where they learn the ins and outs of using public transit as a group.
- Workshops: A 1-hour informative class hosted at a facility, these are available for anyone who is interested in learning about the ins and outs of public transit. No ACCESS eligibility required.
- Outreach: Trainers attend a variety of fairs, presentations, and resource tables to promote MMP programs.



Benefits:

Participants achieve maximum travel independence by learning how to use public transit. We open doors to multiple transportation options allowing them to be able to plan:

- Last minute trips to doctors, pharmacies without having to schedule rides using paratransit.
- Long appointments that may interfere with being able to make it on time to a scheduled return trip on paratransit.
- Trips outside of L.A. County by using Metrolink and other transit companies in neighboring counties.

****A sense of independence that participants now know how to make their own schedules and travel when they want on transit*****

Requirements for Individual and Small Group Trainings:

- Participants must have an Unconditional/Conditional Eligibility ACCESS ADA card.
- Can understand and respond to questions asked of them.
- Can provide ID information in case of emergency.
- Can communicate needs to others (verbal or nonverbal format)
- Can identify (or match up) numbers and letters.
- Can follow directions.
- Demonstrate the strength and endurance to walk/propel to the bus stop safely.