



# North Los Angeles County Regional Center

Main 818-778-1900 • Fax 818-756-6140 | 9200 Oakdale Avenue #100, Chatsworth, CA 91311 | [www.nlacrc.org](http://www.nlacrc.org)

## **MEMORANDUM**

**Date:** September 27, 2024

**To:** **Consumer Advisory Committee**  
Juan Hernandez (chair), Bill Abramson, Pam Aiona, George Alvarado,  
Jennifer Koster, Destry Walker

**From:** Kimberly Visokey, Executive Administrative Assistant

**Subject:** The next CAC Meeting: Wednesday, October 2, 2024, at 3:00pm

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Hello everyone!

Attached is information for this week's CAC meeting. Please review this information prior to the meeting and bring it with you to the meeting.

If you have any questions or if you are unable to attend the meeting, please let me know. I can be reached at (818) 778-4404 or at [BoardSupport@nlacrc.org](mailto:BoardSupport@nlacrc.org).

Thank you!

**Join Zoom Meeting**

<https://us06web.zoom.us/j/87280164927?pwd=d7rGgXtQqF7o3ZEeVfgAb306sApRFT.1>

**Meeting ID: 872 8016 4927**

**Passcode: 480150**

**Dial by your location**

669 444 9171

### **Attachments**



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## **CONSUMER ADVISORY COMMITTEE**

**Wednesday, October 2, 2024**

**3:00 p.m.**

**~ AGENDA ~**

- 1. Call to Order & Introductions – Juan Hernandez**
  - A. Angela Pao-Johnson – NLACRC Executive Director
- 2. Agenda (Page 2)**
- 3. Consent Items**
  - A. Approval of minutes September 4, 2024, meeting (**Page 3**)
- 4. Committee Business**
  - A. CAC Chair Report – Juan Hernandez
  - B. In-Person Meetings update – Juan Hernandez
  - C. LEAP Program Information (**Page 5**)
  - D. Emergency Preparedness – Roy Ortega
  - E. CAC Outreach discussion / sign ups – Juan Hernandez
  - F. VAC Committee Member for CAC – Juan Hernandez
- 5. Identify agenda Items for the Next Board Meeting**
- 6. Announcements / Information / Public Input**
  - A. Consumer Advisory Committee Flyer (**Page 6**)
  - B. Community Learning Forums (**Page 8**)
  - C. VPH Health Fair. October 5, 2024 (**Page 9**)
  - D. Self-Advocacy Academy, October 15, 2024 (**Page 11**)
  - E. Fall Community Resource Fair, October 19, 2024 (**Page 13**)
  - F. FFRC All Abilities Resource Fair, October 19, 2024 (**Page 14**)
  - G. CFGC Halloween fest, October 26, 2024 (**Page 16**)
  - H. Next meeting November 6, 2024
  - I. Attendance sheet (**Page 18**)
- 7. Adjournment**

North Los Angeles County Regional Center  
**Consumer Advisory Committee Meeting Minutes (Via Zoom)**  
September 4, 2024

**Present:** Bill Abramson, Juan Hernandez, Jennifer Koster, Destry Walker, –  
**Committee Members**

Mark Wolfe – DDS Tech Advisor, Erica Rodriguez, Erica Rodriguez-DRC-  
OCRA - **Guests**

Evelyn McOmie, Santos Rodriguez, Kimberly Visokey – **Staff**

**Absent:** George Alvarado, Pam Aiona

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**1. Call to Order & Introductions**

A. Juan Hernandez called the meeting to order at 3:07 pm

**2. Consent Items**

A. Approval of Minutes from August 7, 2024 Meeting

**M/S/C Jennifer Koster / Bill Abramson**

To approve the June 6, 2024 minutes as presented.

**3. Committee Business**

A. Voter Rights Presentation – Erica Rodriguez

Erica discussed the voting rights of people with disabilities, emphasizing their equal right to vote and the accessibility requirements for polling places. She also explained the concept of political parties, the eligibility criteria for voting in California, and the importance of understanding the candidates' positions. Erica highlighted that all registered voters in California will receive a vote-by-mail ballot and encouraged everyone to get out and vote, and to help others learn how to vote.

Erica explained the various methods of voting, including in-person, by mail, and through a voting computer, and clarified that individuals can choose their preferred method and location. She also addressed questions about voter identification requirements in California, stating that showing identification is only necessary for first-time voters who registered by mail and did not provide their driver's license or social security number on their registration form. Destry shared his experience of using a card to verify his identity at a polling place. Erica further clarified that voters can request assistance or review their choices before submitting ballots, and offered to share voting resources.

B. CAC Chair Report – Deferred

C. Meeting Priorities – Juan Hernancez

The committee discussed goals such as promoting employment for people with disabilities, attending transportation meetings, and sharing consumer information. They agreed to educate consumers about the committee to increase involvement. Proposed strategies included attending public meetings, presenting at monthly meetings, and inviting peers to events. Other than updating the document with the current FY date, no changes were made.

**M/S/C** (Juan Hernancez / Destry Walker) To approve the Meeting Priorities as updated.

D. In-Person Meeting Update – Juan Hernancez

The possibility of resuming in-person meetings and having hybrid meetings was discussed, considering technical issues encountered previously. The team agreed to consider factors like room availability, technology, bylaws requiring hybrid options for in-person meetings, and transportation issues when deciding on future meeting formats.

**Identify Agenda Items for the Next Board Meeting**

A. CAC Meeting in Sacramento

**V. Announcements/Information/Public Input**

A. Flyers Attached

- a. Consumer Advisory Committee Flyer
- b. Community Learning Forums
- c. Self-Advocacy Academy Calendar

B. Next meeting October 2, 2024

C. Attendance sheet

**VI. Adjournment**

Juan Hernandez adjourned the meeting at 4:20 pm.

Submitted by:

*Kimberly Visokey*

Executive Administrative Assistant

*(\* The majority of these minutes are taken from the Minutes Service submission and reviewed/edited as presented herein by NLACRC staff.*



The **Limited Examination and Appointment Program (LEAP)** is an initiative by the California Department of Rehabilitation (DOR) designed to facilitate the recruitment and hiring of individuals with disabilities into state service. Here are some key points about the program:

- **Certification Process:** To be certified for LEAP, you need to present documentation of your disability and a photo ID at a local DOR office. It's recommended to create a CalCareers account before visiting the DOR office<sup>1</sup>.
- **Job Search:** Once certified, you can use your CalCareers account to search and apply for state jobs. LEAP candidates take self-evaluations (exams) for state classifications they qualify for.
- **Hiring Process:** LEAP candidates are evaluated through a Job Evaluation Period (JEP) instead of a probation period. If performance standards are met, they attain civil service status.
- **Proof of Disability:** Acceptable documentation includes medical records, a diagnosis on a medical doctor's letterhead, education records documenting a learning disability, or a recent letter from the Social Security Administration.

[For more detailed information, you can visit the California Department of Rehabilitation's LEAP page<sup>1</sup>.](#)

Certainly! Here are the contact details for the **Limited Examination and Appointment Program (LEAP)** from the California Department of Rehabilitation:

- **Website:** California Department of Rehabilitation - LEAP
- **Email:** [LEAP@dor.ca.gov](mailto:LEAP@dor.ca.gov)
- **Phone:** 1-916-324-1313

— COME AND JOIN THE —



# Consumer Advisory Committee (CAC)

**Be the change. Your voice matters.**

Connect with other adult consumers and share experiences

Meetings are open. Come listen, learn, and participate

Discuss important topics that affect you

Make a difference by providing input to NLACRC leadership



People who come to 5 meetings during a 12-month period become CAC members!

**3:00 - 4:30 PM | First Wednesday of the month**

**August 7, 2024 - Orientation**

**February 5, 2025**

**September 4, 2024**

**March 5, 2025**

**October 2, 2024**

**April 2, 2025**

**November 6, 2024**

**May 7, 2025**

*NO MEETING: July and December 2024, January, June, and July 2025*

**Meeting ID: 872 8016 4927**

**Passcode: 480150**

If you are an adult NLACRC consumer and would like to attend, please contact email [boardsupport@nlacrc.org](mailto:boardsupport@nlacrc.org) or [jrodriguez@nlacrc.org](mailto:jrodriguez@nlacrc.org) for translation services and/or additional accommodation you may need. **Requests must be made five (5) business days before the meeting.**



Scan/Click

— VEN Y ÚNETE AL —



# Comité Asesor del Consumidor (CAC)

**Sé el cambio. Tu voz importa.**

Conéctate con otros consumidores adultos y comparte experiencias.

Las reuniones están abiertas. Ven a escuchar, aprender y participar.

Discute temas importantes que te afectan.

Marqua la diferencia brindando aportes al liderazgo del NLACRC.



**3:00 - 4:30pm | Primer Miércoles del mes**

**7 de Agosto de 2024 - Orientación**

**4 de Septiembre de 2024**

**2 de Octubre de 2024**

**6 de Noviembre de 2024**

**5 de Febrero de 2025**

**5 de Marzo de 2025**

**2 de Abril de 2025**

**7 de Mayo de 2025**

*NO REUNIÓN: Julio y Diciembre de 2024, Enero, Junio, y Julio de 2025*

**ID de reunión: 872 8016 4927**

**Contra seña: 480150**

Si es un consumidor adulto del NLACRC y desea asistir, comuníquese con [boardsupport@nlacrc.org](mailto:boardsupport@nlacrc.org) o [jrodriguez@nlacrc.org](mailto:jrodriguez@nlacrc.org). Para obtener información sobre los servicios de traducción y/o las adaptaciones que pueda necesitar. **Las solicitudes deben hacerse al menos cinco días hábiles antes de la reunión.**



Escanear/Hacer clic



# 2024 COMMUNITY LEARNING FORUMS

**JANUARY 11**

**TRANSITION  
TO  
SECONDARY  
EDUCATION**

**FEBRUARY 8**

**COLLEGE  
SUPPORT**

**MARCH 14**

**EMPLOYMENT**

**APRIL 11**

**DAY  
PROGRAMS**

**MAY 9**

**RESIDENTIAL  
SERVICES**

**JUNE 13**

**CONSERVA-  
TORSHIP**

**JULY**

**NO  
SESSION**

**AUGUST 8**

**OPTIONS  
FOR  
AGING  
PARENTS**

**SEPTEMBER 12**

**TRANSPORT-  
ATION WITHIN  
GENERIC  
RESOURCES**

**OCTOBER 10**

**IN  
HOME  
SUPPORTIVE  
SERVICES**

**NOVEMBER 14**

**MENTAL  
HEALTH  
SERVICES**

**DECEMBER**

**NO SESSION**

EVERY SECOND THURSDAY  
09:30 AM TO 11:00AM  
VIA ZOOM



SCAN TO JOIN





# FREE Health & Wellness Community Fair

Featuring: Free flu shots (some restrictions apply), health screenings, community information booths, entertainment, To-Go Meal and kids corner.

Saturday, October 5, 2024 | 10 AM - 1 PM

Valley Presbyterian Hospital  
15107 Vanowen Street, Van Nuys, CA 91405

Register Today  
818.902.5222 | [valleypres.org/fair](https://valleypres.org/fair)





# GRATIS Feria de Salud y Bienestar Comunitaria

Ofrecemos: Vacunas contra la gripe gratuitas (con restricciones), pruebas de salud, puestos con información comunitaria, entretenimiento, almuerzo para llevar, y seccion para niños.

**Sábado 5 de octubre | 10 AM - 1 PM**

Valley Presbyterian Hospital  
15107 Vanowen Street, Van Nuys, CA 91405

Inscríbese Hoy  
818.902.5222 | [valleypres.org/fair](http://valleypres.org/fair)





# Self Advocacy Academy

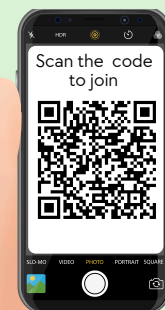
# ACQUAINTANCE VS. FRIEND

Develop skills for building meaningful connections  
and setting healthy boundaries.



**OCTOBER 15, 2024**  
**TUESDAY**  
**11AM TO 12:30PM**

A series of virtual classes to build skills and gain knowledge for everyday life through interactive sessions.



**MEETING ID: 894 0943 0403**

**PASSWORD: 232284**

For more information and language interpretation request:  
Jose Rodriguez | (818) 756-6289 | jrodriguez@nlacrc.org

# Academia de autodefensa



# CONOCIDO VERSUS AMIGO

Desarrollar habilidades para construir conexiones significativas y establecer límites saludables.



**15 DE OCTUBRE DE 2024**  
**MARTES**  
**11:00AM-12:30PM**

Una serie de clases virtuales para adquirir, desarrollar conocimientos y habilidades para la vida cotidiana a través de sesiones interactivas.



**ID DE REUNIÓN: 894 0943 0403**

**CONTRA SEÑA: 232284**

Para obtener más información y interpretación en su idioma, comuníquese con  
José Rodríguez | (818) 756-6289 | jrodriguez@nlarc.org



# FALL COMMUNITY RESOURCE FAIR

**SATURDAY OCTOBER 19TH**

**10 AM - 2PM**

**12502 Van Nuys Blvd.,  
Pacoima, CA 91331**

**Connecting families with the community!**

## ENTERTAINMENT

- RAFFLE PRIZES
- CONNECT WITH VARIOUS COMMUNITY RESOURCES INCLUDING:  
MEDICAL CARE, EMPLOYMENT SERVICES, MENTAL HEALTH AND MORE



## ACTIVITIES AND PRIZES!

- Kid Friendly Crafts & Raffle
- FREE DRAWSTRING BAGS \*limited quantity\*

**Register by October 1st, 2024**

**FREE ADMISSION/  
OPEN TO PUBLIC  
& FREE FOOD!  
(first 100 people)**



**We will be providing a canopy, table and two chairs for the first 30 organizations that sign up**

**Questions? Contact Jesse Vasquez at (661)341-1878 or [Jesse.Vasquez@Learn4Life.org](mailto:Jesse.Vasquez@Learn4Life.org)**



**Saturday, October 19, 2024**

CSUN University Student Union

11:00am-2:00pm

**Join us for an in-person resource fair!**

**FREE ADMISSION**

- Over 60 exhibitors
- CSUN Music Therapy Clinic
- Photo Booth
- Sensory Room
- Characters
- Therapy Dogs

Parking instructions:

Navigate to 9300 Zelzah Ave. Park in lot G3. FREE parking permits will be handed out at lot G3 starting at 10:45am, while they last! Look out for volunteers! Visitor parking is \$10.45 all day.



Questions? Contact us at 818-677-5575 or email [family.focus@csun.edu](mailto:family.focus@csun.edu)

**VANAMAN  
GERMAN** LLP

**L.A. Parent**  
*smart. connected. fun.*

**GAME  
GEN**



**Sábado 19 de octubre de 2024**

CSUN Unión de Estudiantes Universitarios

11:00am-2:00pm

**¡Únase a nosotros para una feria de recursos en persona!**

**ENTRADA GRATIS**

- Más de 60 expositores • Clínica de musicoterapia de CSUN
- Fotomatón • Sala sensorial • Personajes • Perros de terapia

Instrucciones de estacionamiento:

Diríjase a 9300 Zelzah Ave. Estacione en el estacionamiento G3. Se entregarán permisos de estacionamiento GRATUITOS en el estacionamiento G3 a partir de las 10:45 a. m., ¡hasta agotar existencias! ¡Esté atento a los voluntarios! El estacionamiento para visitantes cuesta \$10.45 todo el día.



¿Tiene preguntas? Comuníquese con nosotros al 818-677-5575 o envíe un correo electrónico a [family.focus@csun.edu](mailto:family.focus@csun.edu)

**VANAMAN  
GERMAN** LLP

**L.A. Parent**  
*smart. connected. fun.*

**GAME  
GEN**



PRESENTS

Free

Free

# Halloween Fest 2024

**Come Enjoy Our Trick or Treat Village,  
Carnival Games, Wellness Booths and more...**

**October 26, 2024 | 11:00 AM - 4:00 PM  
9650 Zelzah Avenue, Northridge, CA 91325**

It's CFGC's Third Annual Halloween Festival to  
Raise Awareness about Mental Health Care.

**SUGGESTED PARKING  
9704 White Oak Avenue, Northridge, CA 91325**

Rain or Shine







PRESENTS

Gratis

Gratis

# FESTIVAL DE HALLOWEEN 2024

Venga a Disfrutar de nuestra Villa de Trick or  
Treat, Juegos de Carnaval, Puestos de  
Bienestar y mas...

26 de Octubre, 2024 | 11:00 am – 4:00 pm  
9650 Zelzah Avenue, Northridge, CA 91325

Es el Tercer Festival Anual de Halloween del CFGC para Crear  
Conciencia sobre el Cuidado de la Salud Mental.

SUGGESTED PARKING  
9704 White Oak Avenue, Northridge, CA 91325

lluvia o sol



North Los Angeles County Regional Center

Consumer Advisory Committee

FY24-25 Meeting Attendance

Consumer Attendee <i>*Committee Members</i>	July 2024 DARK	August 2024	Sep 2024	Oct 2024	Nov 2024	Dec 2024 DARK	Jan 2025 DARK	Feb 2025	Mar 2025	Apr 2025	May 2025	Jun 2025	TOTALS Absences	TOTALS Attended ( <i>Non-CM</i> )
Meeting Length														
*Juan Hernandez, Chair		P	P										0	
*Bill Abramson		P	P										0	
*Pam Aiona		P	Ab										1	
*George Alvarado		P	Ab										1	
*Jennifer Koster		P	P										0	
*Destry Walker		P	P										0	
Andrew Garcia		Ab	Ab										2	0
Alyssa Mazur		P	Ab											1
Y. Parvool		P	Ab											1
Elena Tiffany		P	Ab											1
		0.75	1.25											

**Membership:** Consumers who attend 5 meetings in a 12-month period can become a CAC Member.