

Stop and Read: PROVIDERS ARE LISTED ON THE TABS BELOW



Per Department of Developmental Services (DDS) Directive guidance from 12/22/23, Independent Facilitation is able to be funded under service codes 024 (Person-Centered Plan (PCP)) and 099 (Self-Directed (SD)/Pre-Enrollment Transition Supports). **Please reference the DDS Directive link below for pertinent information regarding 024 and 099 services.** Freedom of choice is of utmost importance. It is necessary that the participant and/or their legal representative is the one who has chosen to utilize these services. They may choose to use none, one, or both services during their enrollment in the Self-Determination Program (SDP). It is recommended that potential providers be interviewed prior to obtaining services in order to ensure good fit.

[SDP Updated Initial PCP and Pre-Enrollment Transition Supports Guidance](#)

At the bottom of this spreadsheet are tabs for Person-Centered Plans (024 Service Providers) and Self-Directed/Pre-Enrollment Transition Supports (099 Vendors) Please click each tab to show the corresponding provider list.

Providers who provide Person Centered Planning services (024) & Self-Directed General Supports (099) are listed separately. You may check both lists if seeking a provider who is approved for both services.

024: Person Centered Plans (PCP)

The following individuals/agencies have been approved to provide initial person-centered planning (PCP) services (Service Code 024) to future SDP participants. These individuals/agencies have received training in and/or have experience with Person-Centered Planning. The North Los Angeles County Regional Center (NLACRC) does not endorse any of the below individuals/agencies. They have been listed in alphabetical order by last name or agency name. NLACRC does not have information about their process, output, or rates. Please contact them to discuss individual needs for or questions about services. Additional 024 providers will be added as they are approved.

099: Self-Directed (SD) Supports (Budget Support, Spending Plan Creation, FMS Collaboration)

The following individuals/agencies have been vendored or courtesy vendored by NLACRC to provide Self-Directed (SD)/Pre-Enrollment Transition Supports (Service Code 099) to future SDP participants. Services may include but are not limited to the SDP Individual Budget and Spending Plan. The North Los Angeles County Regional Center (NLACRC) does not endorse any of the below individuals/agencies. They have been listed in alphabetical order by last name or agency name. NLACRC does not have information about their process, output, or procedures. Please contact them to discuss individual needs for or questions about services. Additional 099 providers will be added as they are vendored.

NLACRC FMS Providers

To access the Financial Management Services (FMS) Providers that NLACRC has vendored to provide SDP FMS services, please visit: <https://www.dds.ca.gov/initiatives/sdp/>

For questions about SDP or requests for corrections please email [selfdetermination <selfdetermination@nlacrc.org>](mailto:selfdetermination@nlacrc.org)

Resource #	Name of Service Provider	Primary Contact	Phone	Email	Alt Language Offered	Other Notes:
PB2704	Abound Services, LLC	Christopher Weeks	(310)707-8846	team@aboundservices.com		AboundServices.com
PW6662	Amster, Melissa J. DBA Amster Law Firm	Melissa Amster	213-444-6026	melissa@amsterlawfirm.com		
PL2171	B&D Assessment and Consulting Services Inc.	Vivian David-Nicolas	209-287-1907	dr.vnicolas@bdassessmentservices.com	Assyrian	Alt Phone: 310-341-9729; Website: www.bdassessmentservices.com
PL2167	Behavior Momentum Corp.	Melissa De Conza	(661) 335-6344	melissadeconza@gmail.com		
PL2172	Beyond Assessments	Lori Shephard	(661) 312-1917	beyondassessments@yahoo.com		
PL2173	Claudia Cares Consulting Inc.	Claudia Wenger	818-209-3504	consulting@claudiacares.com		https://www.claudiacares.com/self-determination
PH2512	Danielle Alvarado	Danielle Alvarado	562-805-7820	det4kds@aol.com		
VL4067	Empower PCP	Sandra McElwee	(949) 433-1702	empowerpcp@gmail.com		
ZJ0056	Exceptional Connections	Carla Lehmann		carlalehmannsd@gmail.com		
ZY2092	Facilitate4You LLC	Alison Hunter	(619) 739-1422	alisonhunter55@yahoo.com		
VL4136	First Choice Solutions	Dustyne Beavers	(760) 920-9173	dbeavers@qofcsolutions.com		
PL2210	Girasol Hive Sol	Stella Ramirez	(818) 534-6070	wilmastellar@gmail.com		
PD3945	Guidelight Group LLC	Debra Jorgensen	310-883-8343	debra@guidelightgroup.org		Website: www.guidelightgroup.org
PB2614	Helen Reese	Helen Reese	(310) 892-8726	helenreese@prontomail.com		
PL2266	HelpGrow LLC	Stephanie Marin	(661) 367-1355	support@helpgrowfreedom.com		
PW8240	Integrated Community Collaborative	Elizabeth Barrios Gomez	(310) 871-5080	elizabeth@iccintegradora.org		
PL2235	Laura Zeh	Zeh, Laura	(818) 625-8316	laurazeh1031@gmail.com		
VL4179	Life Enrichment Project	Jamie Cha-McGrath	818-357-1705	jmcrath@lifeenrichmentproject.com	Korean	
PL2156	Lighted Path Solutions	Katlyn Diamond	(661) 621-5005	lightedpathsolutions@gmail.com		
ZJ0064	Melissa Jones	Melissa Jones	(714) 329-3554	selfdeterminationwithmj@gmail.com		
ZA4760	Mirela's Consulting	Mirela Bere	(916) 628-2823	mirelabue@yahoo.com		
VL3991	Moving Closer Together	Gail O'Connell	(747) 778-1900	joe@movingclosetogether.com		
VL4066	NESTDAN	Josefina Nieves	323-742-1674	nestdan2017@gmail.com		
PN1254	Neurodiversity PBC (NeuroNav)	Kimberly Schreiber	510-621-3054	info@neuronav.org	Spanish	Website: https://neuronav.org/
ZY2102	Nippon America Social Services In California	Reiko Sakuma Umeda	310-483-5633	nassca.reiko@gmail.com	Japanese	
VL4072	Ochoa's Consulting, LLC	Armida Y. Ochoa	(323) 490-7062	aocchoa@ochoasconsultingllc.com		
PL2159	Path Forward Facilitation LLC	Julie LaRose	818-850-8985	julielarose@pathforwardllc.com		Website: pathforwardllc.com
PL2160	Person Centered Partnerships, LLC	Celina Tomlin	(310) 460-6041	admin@pcpartnerships.com		
PW8047	Person-Centered Projects	Tamra Pauly	(310)489-9983	tamra@personcenteredprojects.com		http://personcenteredprojects.com
PH2575	Phoenix Facilitation of California LLC	Naomi Hagel	310-863-7977	info@qoophoenix.org	Spanish	Website: https://www.phoenixfacilitation.org
PL2243	Ruiz-Merroth, Maria Emperatriz	Maria Emperatriz Ruiz-Merroth	949-326-6612	sos5paralegal@gmail.com	Spanish	Website: http://sosparalegal.com/our-services/selfdetermination/
PY2072	SELF-Start	Molly Kennedy, Susan Wingate	609-280-9867	mollyv@self-start.org		Alt Phone: 760-814-5615; Website: www.self-start.org
ZY2067	Sparacino, Lindsey	Lindsey Sparacino	831-295-0482	lindsey.sparacino@smusd.org		Alt Email: specialneedslifecoachca@gmail.com
PL2155	Sun Park	Sun Park	213-842-5993	sdpf@sunpark@gmail.com		
PT1662	Susan Wilson	Susan Wilson	(469) 655-6550	susanwilsonpcp@gmail.com		
PL2153	Tatianna Cura	Tatianna Cura	818-252-9638	tatianna@doctta.com		
PL2224	The Legacy Center	Bisquera, Jacqueline	(818) 458-1656	tlc@thelcnet.com		www.theLcnet.com
PP1475	Prismatic Consulting LLC	Melissa Arvizu	626-487-0214	hello@prismaticconsultingservices.com		

Resource #	Name of Service Provider	Rate	Primary Contact	Phone	Email	Alt Language Offered	Other Notes:
NLACRC:							
PL2221	Girasol Hive LLC	\$50.48	Stella Ramirez	(818) 534-6070	vilmastellar@gmail.com	Spanish	
PL2202	Path Forward Facilitation	\$50.48	Julie LaRose	818-850-8985	julielarose@pathforwardllc.com		Website: pathforwardllc.com
OOA:							
PH2590	Alvarado, Danielle	\$50.48	Danielle Alvarado	562-805-7820	det4kds@aol.com		
PE2990	Ochoa's Consulting, LLC	\$49.24	Armida Y. Ochoa	(323) 490-7062	aocchoa@ochoasconsultingllc.com	Spanish	
HB1423	Helen Reese	\$56.49	Helen Reese	(310) 892-8726	helenreese@prontomail.com	Mandarin	
PY2945	SELF-Start	\$50.48	Susie Wingate	(760) 814-5616	molly@self-start.org		
PY2940	Lindsey Sparacino	\$50.48	Lindsey Sparacino	(831) 295-0482	lindsey.sparacino@smusd.org		
PY3082	Facilitate4You LLC	\$50.48	Alison Hunter	(619) 739-1422	alisonhunter55@yahoo.com		
PH2585	Phoenix Facilitation	\$50.48	Naomi Hagel	310-863-7977	info@gophoenix.org	Spanish	Website: https://www.phoenixfacilitation.org
PA2306	Mirela's Consulting	\$49.89	Mirela Bere	(916) 628-2823	mirelablue@yahoo.com		
PV3406	B&D Assessment and Consulting Services	\$49.89	Vivian David-Nicolas	209-287-1907	dr.vnicolas@bdassessmentservices.com	Assyrian	Alt Phone: 310-341-9729; Website: www.bdassessmentservices.com
PW8434	Person Centerd Projects	\$49.24	Tamara Pauly	(310) 489-9893	tamra@personcenteredprojects.com		
PP1474	Prismatic Consulting LLC	\$50.48	Melissa Arvizu	626-487-0214	hello@prismaticconsultingservices.com	Spanish	
PL2272	Milman Law	\$50.48	Rachel Milman	(818) 681-2710	rachelmilmanesq@gmail.com		