

North Los Angeles County Regional Center  
**Consumer Advisory Committee Meeting Minutes (Via Zoom)**  
September 7, 2022

**Present:** Bill Abramson, Pamela Aiona, and Jennifer Koster – Committee Members

Alex Phuong, Jason Girard, Destry Walker, Lesly Forbes, Gil Villalobos-Interpreter  
- Guests

Jose Rodriguez, Lizeth Chavez, Dr. Michael Fernandez, Lisseth Carrillo, and Cesar Cuevas – Staff

**Absent:** Suzanne Paggi, Cynthia Samano

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**I. Call to Order & Introductions & Public Input**

P.Aiona called meeting to order at 11:10 am and introductions were made by all committee members, staff and guests.

**II. Consent Items**

- A. Approval of Agenda  
**M/S/C** (B.Abramson/P.Aiona) To approve the revised Agenda.
- B. Approval of Minutes from August Meeting  
**M/S/C** (B.Abramson/P.Aiona) To approve the Minutes as presented.

**III. Committee Business**

- A. Committee Goals update – Jose Rodriguez
- Jose gave an overview of the third policy as provided in the packet. Dr. Michael Fernandez mentioned the value of sharing information to other NLACRC consumers by creating a list of resources that is available to anyone who is interested in obtaining specific services as it relates to employment opportunities.
- M/S/C** (B.Abramson/P.Aiona) To approve the CAC Goals and priorities as presented.

**Action Item:** Jose Rodriguez will distribute a list of available resources to include information from J.Koster on housing to the CAC email distribution.

- B. Finalize Training/Presentation Calendar for FY2022-23

Jose Rodriguez provided an overview of the upcoming pending training topics and schedule, he requested feedback from the committee on dates that they would like to meet.

**M/S/C** (J.Koster/B.Abramson) To hold the informal meetings on December 7, 2022 and July 19, 2023.

**Action Item:** Jose will update the presentation calendar, identify presenters, and send everyone the meeting information. Dr. Fernandez will promote the informal meetings for December and July on NLACRC's website and social media.

- C. Vice Chair Nomination update – Liz Chavez  
Liz Chavez stated that the Nomination Committee will be meeting this evening to discuss the nomination. There will be an update regarding this nomination by next month's meeting.
- D. Committee Meeting Time Change  
Jose Rodriguez led the discussion for any meeting time concerns and changes. Jennifer Koster prefers a later meeting time, and other members expressed concerns surrounding their potential work schedules as time conflicts.  
**M/S/C** (B.Abramson/J.Koster) To move the meeting time to 3:00PM starting in October 2022.  
**Action Item:** Jose will see if there are any conflicts in time change with Michelle Heid for the voting presentation in October. Liz will see if there are any conflicts with Jessica Gould in time change for the housing presentation in November.
- E. Recommendations for Monthly Town Hall Topics – Michael Fernandez  
J.Koster suggested talking about different forms of overcoming discrimination, hurdles to obtaining employment, gaining admissions to school, and how to overcome any obstacles that may arise in pursuing these endeavors.  
**Action Item:** Dr. Michael Fernandez will follow up on how to best provide these trainings moving forward. He will be bringing on board an LGBTQ specialist and providing training to all staff on LGBTQ best practices.
- F. Recommendations for Needed Services by Office Location – Dr. Michael Fernandez

Dr. Michael Fernandez inquired as to what other services the members feel could be added to certain geographical areas that do not currently have them. He mentions the importance in bringing more resources to areas that need them. The discussion primarily focused on the Antelope Valley for concerns with homelessness and transportation. Jose stated that members can always email him with any resources that they are aware of so that he can distribute the information.

- G. Executive Committee Report Out – Dr. Michael Fernandez
  - a. Executive Committee Summary  
Dr. Michael Fernandez would like to recap any action items discussed during this meeting that need follow-up. He listed the aforementioned action items and also provided a summary of the executive committee being aware of discussions and actions of the CAC.

#### **IV. Identify Agenda Items for the Next Board Meeting**

- A. Minutes from the September 7, 2022, Meeting

#### **V. Announcements / Information / Public Input**

- A. Next meeting: October 5, 2022 at 3:00PM
- B. Liz Chavez and Jose Rodriguez will ensure members receive any information related to future meetings via email.

#### **VI. Adjournment**

J.Koster adjourned the meeting at 1:03 pm.

Submitted by:

*Cesar Cuevas*  
Administrative Assistant

