

Clinical and Bio-molecular Characteristics of Reminder-Focused Positive-Psychiatry in Adolescents with Post Traumatic Stress Disorder

If you or your child are between the ages of 11-15 and diagnosed with post traumatic stress disorder, you are eligible to participate in a research study at Olive View UCLA Medical Center

Study Objectives:

This study evaluates the clinical and bimolecular characteristics of RFPP in adolescents with PTSD. Reminder-Focused Positive Psychiatry (RFPP) has been shown as well tolerated feasible trauma-focused intervention that is associated with improved core PTSD symptoms, decreased severity of reactivity to PTSD trauma reminders, and increased vascular function.

Specific Aims:

- 1) To examine the impact of RFPP intervention on Reactivity to Trauma Reminders and core PTSD symptoms
- 2) To assess the impact of Reminder-Focused Positive Psychiatry on wellbeing, positive bio-psychosocial characteristics of adolescents with PTSD and their parents.
- 3) To examine the impact of Reminder-Focused Positive Psychiatry on vascular function, gene expression and inflammatory biomarkers.

Compensation:

All participants will receive thorough medical and psychiatric evaluations that might assist in future treatment planning. RFPP-BM might also lead to decreases in core PTSD symptoms and improve functional movement impairment and psychosomatic symptoms.

What can I expect?

Eligible participants will undergo a 6-week intervention and 6-month follow up. Parents will receive 4 sessions of psycho-education.

Link to enroll:

<https://www.sistat.ucla.edu/rd/2A2F640E996E4B8A>

Or scan QR code with your smartphone:



Interested? Unsure if you meet the requirements?

Call or email a member of the study team:

Dr. Naser Ahmadi, MD PhD | Project Director and Principal Investigator | nahmadi@dhs.lacounty.gov

Maayan Epstein, BS | Clinical Research Manager | mepstein@dhs.lacounty.gov

Luis Ruiz, BA | Research Associate | lruiz2@dhs.lacounty.gov

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