SLS

Supported Living Services

### A few things about our presentation

- Thank you for joining us!
- Please hold all questions until the end of the presentation, feel free to write in questions on the chat function if you are able to type
- We will mute the speaker function for all participants except for the presenters until the presentation ends – this is to make sure we can finish the presentation on time
- We will unmute all participants after we finish the presentation
- We welcome all questions, at the end!

#### What is SLS?

- A service that can be provided 24/7
- A service that can provide emergency support
- Provided in your own home that you lease or own
  - Cannot be provided in parent/conservator home
- You make choices in daily life
- You direct your services
- You have a Circle of Support

### SLS vs ILS (Independent Living Services)

- SLS can provide 24/7 services, ILS does not
- SLS can provide emergency services, ILS does not
- ILS is a training program, SLS is a support program although it can help you learn new skills as well
- SLS can provide transportation, ILS does not
- ILS can be provided in your parent/conservator home, SLS cannot

#### More about SLS

- Living Option
- You control where you live
- Support based on what you need
- Supported Living is open to everyone
- You choose who is part of your circle of support
- Your circle of support helps you do what you choose to do
- Supports help you develop relationships in the community

### What is good about SLS?

- Having Privacy
- Having Control
- Feeling that you Belong
- Choosing where you live
- Living the way you choose
- Deciding when you do your chores
- Eating what you want, when you want
- Choosing what you want to do in your home
- Choosing what time you o to bed or wake up
- Picking out your decorations for your own home
- Deciding if you want a roommate or if you want to live on your own

### How do I start SLS process?

- Attend Orientation
- Sign Supported Living Process Agreement Form and return to your CSC
- Talk to your CSC about your individual situation
- Review the list of providers
- Think about questions you would like to ask the providers
- Call providers and interview each
- Decide which one fits your needs
- :Pick a provider and let your CSC know

### So I have picked a provider, what now?

- NLACRC will authorize an assessment for that provider to meet with you, look at your specific situation and make recommendations as to how that agency can best support you.
- Things to consider:
  - How much support will you need?
  - Your income
  - Can you afford to live in your own place?
  - Will you need to consider sharing an apartment?
  - What area do you want to live in?
  - Can you afford the area of your choice?
  - Do you have money saved for a deposit, first month rent and moving expenses, such as buying furniture and setting up and supplying an apartment?
  - If you do not have savings or not enough, how long will you need to save what you need?
  - Can your family/friends help you?

## I have an assessment, so what happens now?

- Moving and Planning stage!!!
  - Apartment search
  - Roommate search
  - Save money
  - Interview staff
  - Sign Lease
  - Pack!!

## I moved in to my new apartment!!

- You will meet with your circle of support quarterly
- This is the time to discuss anything that is of concern or that you are happy with and want to do more

# Remember you are in control!

### Support Living Services Providers

#### North Los Angeles County Regional Center SLS AGENCIES CONTACT INFORMATION Service Code: 896

Vendor #	Name of Agency	Office Address	Name of Contact	Phone #
P32958	AVENUES *CURRENTLY HAS A WAITING LIST	28415 Industry Dr. Valencia, CA91355	Scott Shepard or Lori Shepard avesls@pacbell.net	661-702-9788
PL1259	Better Life Services	11490 Burbank Blvd., #3B North Hollywood, CA 9160 I	Ajashi Nzeribe <u>betterlife.services@yahoo.com</u>	818-331-9782
PL0796	Blazing New Trails	38650 Yucca Tree St. Palmdale, Ca., 93551	Andre or Tiffany Vargas blazing new trails@yahoo.com	661-313-1817
PL1303	Blue Livin Supports	38345 30 <sup>th</sup> St. East #F-7 Palmdale, CA93550	Caleb Logan Jr. cloganjr@lifenvest.com	661-947-2583
PL1073	Choosing Independence	18107 Sherman Way, Suite 211 Reseda, CA 91335	Christian Richards coach.richards@yahoo.com choose.independence@yahoo.com	818-697-3357 818-257-0323 661-202-2467
PL1293	Creative Minds	19548 Gifford St. Reseda, Ca., 91335	Hector Martinez <a href="martinez@creativemindsadp.com">hector.martinez@creativemindsadp.com</a>	818-780-1641
PL1808	Creative Choices For Independent Living	Lillian Broadous Smith 13741 Foothill Blvd # 200 Sylmar CA 91342	Lillian Broadous Smith CREATIVECHOICES2014@GMAIL.COM	(81 8) 336-6703
P32841	Easter Seals of So. Calif. *NOT TA KING NEW REFERRALS	12502 Van Nuys Blvd. #103 Pacoima, CA 91331	Marta Avila <u>martaavilaessc.org</u>	818-996-9902 Ext. 225

### Support Living Process Agreement Form

nderstand the Referral Process as described in the Supported Living Process Agreeme rm regarding my request for supported living services, and:			
Agree with the conditions and want su	pported living services		
I decline supported living services at this time			
Consumer Name: Please print	Date:		
Consumer Signature: Please print	Date:		
Conservator Name:	Date:		
Consumer Signature:			
Service Coordinator Signature	Date:		

# QUESTIONS AND ANSWERS