

Common Services



North Los Angeles County Regional Center (NLACRC)

SCHOOL AGE

Children age 3 to 13

This brochure includes commonly requested services for children ages 3 to 13.

It is important to teach your child to be independent. This includes teaching your child to get dressed, take a bath, brush their teeth, make a simple meal, help with tasks at home, and make friends, with some or no help, depending on your child's age. NLACRC has a service that will teach you how to work with your child to learn these skills. This service is called adaptive skills training.

It is also important for children to do fun activities outside of school like a sport or an art class. You will meet other parents and your child will make new friends.

There may be other services (generic resources) that can help your family and your child. These may include your school district, In-Home Supportive Services (IHSS), Medi-Cal, Childcare Resource Centers, and Child and Family Guidance Centers. Some services may be available through private insurance. NLACRC also has a library with books and other items managed by the Family

Focus Resource Center (FFRC). Please see the **NLACRC Family Guide** to learn more about generic resources.

Make sure that your child receives a Free and Appropriate Public Education (FAPE). Regional center and other agencies such as Disability Rights California (DRC), Family Focus Resource Center (FFRC), and Special Educational Local Plan Area (SELPA), can help parents/guardians work with your school district to ask for the services your child needs. Please see the **NLACRC Family Guide** to learn more about the services you can get through your school district.

All services paid for by NLACRC must be decided through the Individual Program Planning (IPP) process. Parent(s) and NLACRC must agree about the services in the IPP. NLACRC cannot pay for services that a child is able to receive from a generic resource.

Below are the most common services for a child age 3 to 13:*

Instructional Services

- Adaptive Skills Training
- Behavioral Intervention Services (ABA)
- Behavioral Health Treatment
- Social Skills Training

Family Support Services

- Respite
- Day Care
- Personal Assistance
- Counseling Services
- Contenance Supplies (diapers)
- Insurance Deductible/Copayment
- Interpreter/Translation Services

You may be asked for a payment called the Annual Family Program Fee (AFPF). Also, for families that receive camp, respite, and/or day care services, your family may be asked to pay for part of the cost of those services through the Family Cost Participation Program (FCPP). NLACRC is not able to pay for camp, social recreation, educational, and non-medical therapy services, unless there is a good reason that would allow for us to pay for one of these services.

This list does not have every service that you can get or that can be paid for by NLACRC; it is to inform you about the most common services used by NLACRC consumers and families.

NLACRC is interested in any feedback or suggestions you have about your services. Please share them with your Service Coordinator.

***NLACRC does not pay for services that have not been proven to be effective.**

NLACRC Locations

San Fernando Valley (Main Office)

9200 Oakdale Avenue, Suite 100

Chatsworth, CA 91311

Telephone: (818) 778-1900

Fax: (818) 756-6140

Santa Clarita Valley Office

25360 Magic Mountain Parkway, Suite 150

Santa Clarita, CA 91355

Telephone: (661) 775-8450

Fax: (661) 775-8454

Antelope Valley Office

43850 10th Street West

Lancaster, CA 93534

Telephone: (661) 945-6761

Fax: (661) 942-4050

NLACRC Websites

Visit our website at:

www.nlacrc.org

Facebook page:

www.facebook.com/NLACRC/

Spanish Facebook page:

www.facebook.com/NLACRCespanol/

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