



## **North Los Angeles County Regional Center (NLACRC)**

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### **Common Services**

This brochure includes commonly requested services for children ages 3 to 13.

**SCHOOL AGE  
CHILDREN AGE 3 TO 13**

**It is important to teach your child to be independent.**

This includes teaching your child to get dressed, take a bath, brush their teeth, make a simple meal, help with tasks at home, and make friends, with some or no help, depending on your child's age. NLACRC has a service that will teach you how to work with your child to learn these skills. This service is called adaptive skills training.

It is also important for children to do fun activities outside of school like a sport or an art class. You will meet other parents and your child will make new friends.

There may be other services (generic resources) that can help your family and your child. These may include your school district, In-Home Supportive Services (IHSS), Medi-Cal, Childcare Resource Centers, and Child and Family Guidance Centers. Some services may be available through private insurance. NLACRC also has a library with books and other items managed by the Family Focus Resource Center (FFRC). Please see the **NLACRC Family Guide** to learn more about generic resources.

Make sure that your child receives a Free and Appropriate Public Education (FAPE). Regional center and other agencies such as Disability Rights California (DRC), Family Focus Resource Center (FFRC), and Special Educational Local Plan Area (SELPA), can help parents/guardians work with your school district to ask for the services your child needs. Please see the **NLACRC Family Guide** to learn more about the services you can get through your school district.

All services paid for by NLACRC must be decided through the Individual Program Planning (IPP) process. Parent(s) and NLACRC must agree about the services in the IPP. NLACRC cannot pay for services that a child is able to receive from a generic resource.



## Below are the most common services for a child age 3 to 13:\*

### Instructional Services

Adaptive Skills Training  
Behavioral Intervention Services (ABA)  
Behavioral Health Treatment  
Social Skills Training

### Family Support Services

Respite  
Day Care  
Personal Assistance  
Counseling Services  
Continence Supplies (diapers)  
Insurance Deductible/Copayment  
Interpreter/Translation Services

You may be asked for a payment called the Annual Family Program Fee (AFPF). Also, for families that receive camp, respite, and/or day care services, your family may be asked to pay for part of the cost of those services through the Family Cost Participation Program (FCPP). NLACRC is not able to pay for camp, social recreation, educational, and non-medical therapy services, unless there is a good reason that would allow for us to pay for one of these services.

This list does not have every service that you can get or that can be paid for by NLACRC; it is to inform you about the most common services used by NLACRC consumers and families.

NLACRC is interested in any feedback or suggestions you have about your services. Please share them with your Service Coordinator.

\*NLACRC does not pay for services that have not been proven to be effective.





## NLACRC LOCATIONS

### San Fernando Valley (Main Office)

9200 Oakdale Avenue, Suite 100  
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Telephone: (818) 778-1900  
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### Santa Clarita Valley Office

25360 Magic Mountain Parkway, Suite 150  
Santa Clarita, CA 91355  
Telephone: (661) 775-8450  
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### Antelope Valley Office

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