



National Alliance on Mental Illness

Urban Los Angeles

WEEKLY SUPPORT GROUPS

ENGLISH

M

NAMI Connection Peer Support Group
every Monday via Zoom
6:00-7:30pm PST

T

Family Support Group for Criminal Justice-Involved Families
every 1st Tuesday of month
5:00-6:30pm PST via Zoom

W

Family Support Group
every 1st & 3rd Wednesday
of the month via Zoom
7:00-8:30pm PST

Th

Family Support Group
every 2nd & 4th Thursday
of the month via Zoom
7:00-8:30pm PST

SPANISH

L

Grupo de Apoyo para Familiares
todos los lunes via Zoom
7:00-8:30pm PST

M

NAMI Conexión Grupo de Apoyo
todos los martes via Zoom
7:00-8:30pm PST

Mie

NAMI Conexión Grupo de Apoyo
todos los miércoles via Zoom
(empezando 5 de abril 2023)
6:00-7:30pm PST

FOR MORE INFORMATION,
VISIT US AT NAMIURBANLA.ORG:



4305 DEGNAN BOULEVARD, SUITE104
LOS ANGELES, CA 90008
(323) 294-7814

QUESTIONS? EMAIL US AT
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