Regional Center Services and Descriptions

View NLACRC's Service Standards at: https://www.nlacrc.org/consumers-families/purchase-of-service-policies
View available service and support assessment tools at: https://www.nlacrc.org/consumers-families/service-and-support-assessments
*A child in Early Start who has been assessed and found to have a developmental disability may be eligible for additional services under the Lanterman Act.

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Adaptive Skills Training	This service teaches consumers adaptive skills such as learning to cook, household chores, managing money, crossing the street safely, making friends, and making decisions. It also teaches parents how to reinforce the child's learning of the skill. This service is typically needed when a parent tries to teach a child an adaptive skill such as doing household chores, and the child is not learning the skill.		✓	√	✓
Adult Day Centers/ Programs	There are several options for adult consumers to go to during the day. In these programs, adult consumers learn new skills, socialize, and have their care needs met. Some of these programs may specialize in various care needs such as: - Community integration - Creative arts - Health care needs - Mobile in-home programs				✓

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Behavior Management Services	Services that provide a variety of health care professionals to address behavioral challenges in various settings. For some of these services the primary funding sources are Medi-Cal or private insurance.	√	✓	√	√
Client/Parent Support/ Behavior Intervention Training	Services to train the consumers' support system that assists the consumer to improve their behavior.	√	✓	✓	✓
Crisis Intervention Facility/Bed	Crisis Intervention Facility/Bed Temporary 24- hour residential treatment for consumers who are in crisis.			√	✓
Crisis Team - Evaluation and Behavioral Intervention	Crisis support teams who can mobilize in the community when a consumer is in short-term behavioral crisis.		✓	✓	✓

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Daycare Services	Services that can provide supervised daytime care to consumers. The regional center may pay only the cost of the daycare service that exceeds the cost of providing daycare services to a child of the same age without disabilities. The regional center may pay in excess of this amount when a family can demonstrate a financial need and when doing so will enable the child to remain in the family home. **Daycare for early start consumers is only for consumers with status 2.	\ **	√	√	√
Durable Medical Equipment	Special medical equipment and medical related supplies for consumers' medical care needs. These products may include the following: Diapers Eyewear and hearing supplies Mobility equipment such as walkers and wheelchairs Nutritional supplies Orthotics and prosthetics Positioning and adaptive equipment	√	√	√	√
Early Intervention Services	Infant Development Services focused on the developmental needs of children ages 0-3 years.	✓			

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Employment Programs	There are several services that help adult consumers in finding employment. There are various levels of support to meet a consumer's employment needs. Some of the employment services may include the following: Day programs that offer employment and training Group employment services Individualized employment services Paid internship program Competitive integrated employment programs			√	✓
Family Home Agency	Certified family homes where consumers reside. The family helps consumers with day-to-day care needs and includes them in family activities.		√	√	√
Health Care Facilities	Facilities that provide skilled nursing services and inpatient care to consumers who would not be able to live on their own or in a care home due to the severity of their care needs.	√	✓	√	✓
Home Health Supports	Health care services provided in a consumer's home. These services may include the following: Home health aide Nursing services	√	✓	✓	✓

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Increase Community Access	Regional centers can help consumers become independent by learning how to drive or help with modifying vehicles to fit their needs. Some of these services may include: Driver's training programs Money management services Accessibility services Vehicle modification programs				√
Independent Living Services	Training for consumers to learn and improve home and community life skills. Services may be provided in the consumer's home, family home, or residential facility.			✓	✓
Medical Specialists and Professionals	Regional centers contract with various medical professionals to aid in the special healthcare needs of consumers. Some of these specialists may include the following: - Audiologists/ - Optometrists - Genetic Conselors - Dentists - Psychologists/ - Psychiatrists	✓	√	✓	√

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Mobility Training	Services to help consumers learn to use public transportation in their community. This can help increase independence in the community.			✓	✓
Out-of-Home Respite Services	Services that provide a break from the daily care needs of a consumer to their family or caregiver. This respite occurs outside of the family home in a licensed facility.			√	✓
Parenting Support Services	This service provides parenting skills training to consumers who have become parents.			√	√
Participant Directed Services	These services give consumers/parents the option to exercise more direction over how and by whom services are provided, including choosing, scheduling, and supervising workers Participant-Directed services are applicable to the following services: Respite (service code 465) Daycare (service code 455) Transportation (service code 470) Nursing (service code 460) Community-Based Training Service for Adults (service code 475)		√	✓	✓

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Personal Assistance Services	This service assists with bathing, getting dressed, preparing easy meals, helping with toileting, and provides protective supervision. The need for the additional help in the home is due to the need for more than one person to provide care. Examples may include consumers who require a two-person transfer/lift or who have behavioral needs requiring close supervision to be safe.	✓	√	√	√
Personal Emergency Response System	Emergency support services for a consumer 24-hours per day in the event of a medical or mental health crisis.		✓	✓	√
Pharmaceutical Services	Services that allow regional centers to purchase medications for consumers when they are unable to access health care insurance.			✓	✓

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Residential Care Homes	Care homes that provide a safe place for consumers to live. They are licensed homes that have 24-hour support staff. There are several different kinds of care homes that support the individual needs of each consumer. Some of these homes may include: - Behavioral care needs - Children and adult care homes - Elder care needs - Medical care needs		√	✓	✓
Respite Services – In-Home	This service is provided when the care and supervision needed exceeds that typically required of the individual based on the individual/child's age. The service is provided in the family home and gives parents and caregivers a break from daily care needs. The amount of respite is determined by the amount of family support needed, including a review of current supports and services in place, and natural supports that may be providing help too.		√	√	

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Social/ Recreational Services and Nonmedical Therapies	Regional centers can offer various ways for consumers to have recreational opportunities and promote wellness through various methods. Some of these services may include: - Camping - Social recreational activities - Nonmedical therapies	√	✓	√	✓
Self- Determination Program	This program has options that provide parents/consumers with freedom, control, and responsibility in choosing services and supports to help meet the needs of the consumers. This program allows for the use of non-vendored services.		✓	✓	✓
Specialized Transportation	Regional centers offer a variety of options to help consumers access the community when they are unable to do so on their own including accessing generic resources. Some of these options may include: - Family member paid transportation - Medical transport - Non-medical transportation - Assistance accessing public transportation such as a taxi or city bus	✓	√	√	✓

Service	Service Description	Early Start* Ages 0-3	Children Services	Transition Services	Adult Services
Supplemental Program Supports	Additional staff that are added to a consumer's support system in the event of a crisis or when needed to ensure the consumer is able to continue participating in a program. These services are typically in place temporarily until there is no longer a need. These supports may be used in the following areas: Community Day program Residential 				√
Supported Living Services	Services provided to consumers who live in their own apartment/home who need up to 24-hour support.				✓
Translator/ Interpreter Services	Services to help consumers and their families communicate when they speak and/or read a language other than English.	✓	✓	√	√

Services and supports may be available in addition to those listed here. Regional Center service coordinators can provide more information about other services and supports that may be appropriate.

Any service identified in this table that is available and the responsibility of a generic or private source of funding such as MediCal, In-Home Supportive Services, or private health insurance, must be pursued first as Regional Centers are the payer of last resort.

This table is a modification of a table created by the Department of Developmental Services ("DDS").



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