

# Common Services



## North Los Angeles County Regional Center (NLACRC)

### **ADULT**

Individuals age 22 & over

This brochure includes commonly requested services for adults age 22 and over.

**Now that your or your adult child's school years are finished,** you are likely getting ready to begin the next step as a college student or to begin a volunteer or paid job. It's an exciting time!

The Department of Rehabilitation (DOR) has services and can help pay for education, teach job skills, help find a job, and help you while you are working. In addition to DOR, NLACRC also has services to help people in their jobs.

This is also the time when some people begin to think about moving out of the family home and living on their own. Independent Living Skills (ILS) training can help prepare a person for this, and can go on to help in your or your child's new home. NLACRC also has residential programs, sometimes called residential facilities, and Supported Living Services (SLS) for those who need support more often.

Services through generic resources may also be available to help you or your adult child. DOR, Department of Mental Health (DMH), Medi-Cal, Social Security, and In-Home Supportive Services (IHSS), are a few examples of generic resources. Some services may also be available through private insurance. Please see the **NLACRC Family Guide** to learn more about generic resources and the services they offer.

All services to be paid for by NLACRC must be decided through the Individual Program Planning (IPP) process, and must be agreed upon between the consumer, and if appropriate, the consumer's conservator or official representative, and NLACRC. NLACRC cannot pay for services that a person can get from a generic resource. Also, you must attend IPP meetings at times during the year, usually once a year, in order for NLACRC to keep on paying for services. For people living outside of the family home, meetings are held once every three months.

**Below are the most common services for an individual age 22 & over:\***

## **Instructional Services**

- Adaptive Skills Training
- Adult Day Services
- Behavior Intervention Services
- Community Integration Training
- Independent Living Skills Training
- Money Management
- Residential Services
- Social Skills Training
- Supported Living Services
- Vocational Training & Supported Employment

**\*NLACRC does not pay for services that have not been proven to be effective.**

# Family Support Services

- Day Care
- Respite
- Personal Assistance
- Continence Supplies
- Counseling Services

This list does not have every service that you can get or that can be paid for by NLACRC; it is to inform you about the most common services used by NLACRC consumers and families.

NLACRC is not able to pay for camp, social recreation, educational, and non-medical therapy services unless there is a good reason that would allow for us to pay for one or more of these services.

NLACRC is interested in any feedback or suggestions you have regarding your services. Please share them with your Service Coordinator.

# **NLACRC Locations**

## **San Fernando Valley (Main Office)**

9200 Oakdale Avenue, Suite 100

Chatsworth, CA 91311

Telephone: (818) 778-1900

Fax: (818) 756-6140

## **Santa Clarita Valley Office**

25360 Magic Mountain Parkway, Suite 150

Santa Clarita, CA 91355

Telephone: (661) 775-8450

Fax: (661) 775-8454

## **Antelope Valley Office**

43850 10th Street West

Lancaster, CA 93534

Telephone: (661) 945-6761

Fax: (661) 942-4050

# **NLACRC Websites**

**Visit our website at:**

[www.nlacrc.org](http://www.nlacrc.org)

**Facebook page:**

[www.facebook.com/NLACRC/](http://www.facebook.com/NLACRC/)

**Spanish Facebook page:**

[www.facebook.com/NLACRCespanol/](http://www.facebook.com/NLACRCespanol/)

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**Common Services - Adult**