

North Los Angeles County Regional Center
Consumer Advisory Committee Meeting Minutes (Via Zoom)
August 3, 2022

Present: Bill Abramson, Pamela Aiona, Suzanne Paggi, Cynthia Samano, and Jennifer Koster
– Committee Members

Amparo Dallas, Ana Quiles, Desiree Boykin, Lillian Martinez, Melinda Tannan,
Nancy Gallardo-Interpreter - Guests

Jose Rodriguez, Lizeth Chavez, and Dr.Michael Fernandez – Staff

I. Call to Order & Introductions & Public Input

In the absence of J.Koster, Chair, unable to access the meeting information, S. Paggi called meeting to order at 11:24 am and introductions were made by all committee members, staff and guests.

II. Consent Items

A. Approval of Agenda

M/S/C (J.Koster/B.Abramson) To approve the revised Agenda with the addition of item 3.G.Change in Committee Meeting Time.

B. Approval of Minutes from June Meeting

M/S/C (B.Abramson/J.Koster) To approve the Minutes as presented.

III. Committee Business

A. CAC Orientation – Jose Rodriguez

- Policy and Procedures – Jose gave an overview of the policies as provided in the packet.
- CAC Goals – A request from Suzanne for additional input and more information from the Board of Trustees in regards to employment opportunities and how the Committee may best fulfil this goal.
- Meeting Schedule – Jose reviewed the upcoming Meeting schedule for FY2022-23.

M/S/C (J.Koster/S.Paggi) To defer the CAC Goals for next meeting for additional input on employment opportunities.

Action Item: Dr.Michael Fernandez will get additional information and clarification on how their activities will contribute to meeting the goal.

B. Training/Presentation Calendar

Jose Rodriguez provided an overview of the upcoming pending training topics and schedule, he requested feedback from the committee on any additional topics they would like to have a training on and asked that they send him an email to jrodriguez@nlacrc.org with all feedback and requests. Suzanne offered a training on how to be a good self-advocate for the month of May. There was a request for a training on Adult Protective Services and ARCA, Association of Regional Center Agencies. Committee agreed on these suggestions.

Action Item: Jose will update the presentation calendar and identify presenters.

C. Project Proposal (Housing presentation by Jessica Gould)

The Board has agreed to fund the presentation fee and will be schedule for the month of November.

D. CAC Members check-in for dark months July and December

Suzanne clarified that she wanted informal zoom meetings and a support system for consumers and anyone else who may want to attend during those months. It was agreed that this may be a great opportunity for consumers to ask questions and show interest in the Committee.

M/S/C (S.Paggi/B.Abramson) To approve the informal hangout for the CAC members, Consumers, and support staff only during the months of July and December.

Action Item: Dr.Fernandez to publicize the hangout to bring awareness to the Committee and for possible recruitment.

E. DDS Wellness Tool Kit

Jose reviewed the DDS pamphlet as it relates to best practices when interacting with local police and authority agencies.

Action Item: Jose will email the website link for this information to the email distribution list and reach out to DDS to inquire about a presentation on this information.

F. CAC Vice Chair – Liz Chavez

Discussion on the agreement to appoint a Vice Chair was held. Suzanne nominated herself. Liz requested all nominations be emailed to boardsupport@nlacrc.org by no later than Monday, August 8th. Item will be reviewed at next month's meeting.

G. Change in Committee Meeting Time

Jose stated that day programs are held during the CAC meeting times making it difficult for consumers to attend.

M/S/C (S.Paggi/J.Koster) To defer the item for review to next month's meeting.

IV. Identify Agenda Items for the Next Board Meeting

- A. Minutes from the August 3, 2022, Meeting

V. Announcements / Information / Public Input

- A. Next meeting: September 7, 2022
- B. Ana Quiles stated during public input that the Board of Trustees will be recruiting for consumers to fill a seat on the Board. Lillian Martinez shared www.motherroadstudios.com for consumers to attend for a social hangout.

VI. Adjournment

S. Paggi adjourned the meeting at 12:42 pm.

Submitted by:

(*) *Lizeth Chavez*

Executive Administrative Assistant

