

North Los Angeles County Regional Center
Consumer Advisory Committee Meeting Minutes (Via Zoom)
April 5th, 2023

Present: Pamela Aiona, George, and Jennifer Koster – Committee Members

Alex, Jessica Gould, Sidney Jackson - Guests

Jose Rodriguez, Yaneth Parvool, Kristine Ysabelle Mosteiro, Chris Whitlock, Cristina Preuss, Robert Dhondrup, Arkaz Vardanyan, Juan H. and Cesar Cuevas – Staff

Absent: Bill Abramson

I. Call to Order & Introductions

J.Koster called meeting to order at 3:03 pm and introductions were made by all committee members, staff, and guests.

II. Consent Items

A. Approval of Agenda

M/S/C (J.Koster/P.Aiona) To approve the Agenda.

B. Approval of Minutes from March 1st, 2023 Meeting

M/S/C (J.Koster/P.Aiona) To approve the Minutes as presented.

III. Committee Business

A. CAC Chair Report

Action item: J.Rodriguez and J.Koster will discuss possible subject matter that can be brought up at the next meeting.

B. Presentation – Sidney Jackson (ARCA)

S.Jackson presented an overview about the Association of Regional Center Agencies (ARCA). The organization oversees the 21 different regional centers in the state and ensures that each regional center is meeting its goals. ARCA spends a of time working with state agencies, like DDS, on projects, and also ensures that legislative bills help individuals with developmental disabilities. There is a committee that consumers can attend, called the ARCA Client Advisory Committee; more information can be found on ARCA’s website: <https://arcanet.org/about-arca/>.

C. In Person Meetings

J.Rodriguez reached out to committee members to determine their level of interest in returning to in-person meetings. He is awaiting a committee member's response to make the final determination.

- D. CAC Webpage Follow up – Chris Whitlock and Robert Dhondrup
R.Dhondrup would like to work with a group of CAC members to update the CAC webpage. He would like to improve the appearance of the webpage while maintaining its readability and accessibility. He and C.Whitlock would like to complete this task within the next few weeks.

Action item: R.Dhondrup and C.Whitlock will meet with members to discuss improvement ideas for the webpage.

- E. Monthly Training/Presentation update
J.Rodriguez reviewed the upcoming calendar meetings and confirmed the presenters for these meetings.
- F. Topics for Quarterly Public Presentations
J.Rodriguez is looking for topics that the consumers are interested in that can be promoted to the community. The topics of interest would be different and separate from the existing calendar's topics.

Action item: J.Rodriguez will complete a schedule for quarterly public presentations.

IV. Identify Agenda Items for the Next Board Meeting

- A. Minutes from the April 5th, 2023 Meeting

V. Announcements/Information/Public Input

- A. Next meeting: May 3rd, 2023
P.Aiona presented a flyer titled "Work is for Everyone!" that describes a resource related to competitive integrated employment (CIE). There will be free training webinars every Wednesday in May 2023, from 3PM-5PM, via Zoom. The training modules are designed to educate and empower youth and adult consumers to move forward with CIE and other related topics.
J.Rodriguez will share the flyer with everyone in attendance.
- B.
- C. 2023 NLACRC Life After High School
J.Rodriguez presented the flyer for "Life After High School," an event that provides resources to consumers. The event will take place on April 27th, 2023 in North Hollywood. The vendors for NLACRC, as well as LAUSD, will be present to discuss the services they offer.

Public input:

J.Rodriguez asked whether there's an interest in changing the start time for future CAC meetings. He will follow up with the other members who stopped attending meetings due to time conflicts to determine if this may bring them back.

C.Whitlock mentioned that Public Information is collecting consumer success stories. He would like the consumers to share and highlight the ways that the Regional Center has helped and supported them. He shared the following link to which members and/or their families can submit their input:

<https://www.nlacrc.org/Home/Components/News/News/2051/34?backlist=%2f>

VI. Adjournment

J.Koster adjourned the meeting at 4:07 pm.

Submitted by:

Cesar Cuevas

Administrative Assistant

