

New Consumer Orientation

Tonight's Topics

Regional Center History

Individual Program Plan (IPP) process

Clarify legal issues involved in service delivery

Behavior services

Family Support services

Services for adult consumers

What to expect from your CSC

Web resources

History

Prior to 1966 the only residential placement options for individuals with Developmental Disabilities was one of four overcrowded state hospitals.

1966

Two pilot regional centers established to provide resources for support in the community.

- 1.** Children's Hospital of Los Angeles.
- 2.** San Francisco Aid to Retarded Citizens

1969 – Lanterman Act expanded the network of Regional Centers throughout the state of California.

North Los Angeles County Regional Center was founded in 1974.

Federal Funding

Prior to 1991, all of the services for consumers living in the community were funded by the state of California

In 1991, the Medicaid Waiver program was implemented. This provides federal funding for case management and reimbursement for most services.

With that money comes additional monitoring responsibilities.

Annual Audits

Recent changes in how that money can be used will be driving changes in how many services are provided in the near future.

Two Senate Bills in 1992 set the following priorities and guidelines for Regional Centers:

- ◆ Consumers on all regional center boards
- ◆ Regional center performance contracts
- ◆ Increased residential options and choices
- ◆ Services and supports should promote community integration and self-sufficiency
- ◆ High priority for children to live with family
- ◆ Cost-effective methods of service delivery
- ◆ Regional center shall maximize alternative funding sources

Individualized Program Plan (IPP) Process

Consumer Services Coordinator is assigned

The IPP is the time to review the Consumer's:

- ◆ Likes/Dislikes
- ◆ Needs (individualized needs assessment)
- ◆ Strengths
- ◆ Short and long term goals
- ◆ Develop measurable outcomes that drive service delivery
- ◆ Determine appropriate services to meet outcomes

Individualized Program Plan (IPP) Process

The IPP team consists of the consumer, his/her parents and/or family members (as applicable), conservator (if applicable), and any important people in the consumer's life.

The IPP is conducted every 3 years and an annual review is conducted each year to review the consumer's goals and progress towards meeting them. IPP/AR reports are mailed to consumers within 30 days from the meeting.

Service Requests/Delivery

15 day timeline to respond to service requests

Services must represent a cost effective use of public resources

Services must be effective in achieving IPP outcomes

Service Standards

The Regional Center is the “payer of last resort” and must pursue all possible sources of generic funding before expending its own monies.

Due Process for disagreements regarding service delivery

4731 Complaint Process for rights violations

Behavior Services

Behavior Services Orientation

Informed Consent

SB946 and AB89-Use of private insurance and MediCal for Autism and PDD

Group parent education (16 hours)

Early Intensive Treatment for Autism (DTT)

Intensive Behavior Services (serious behavioral concerns)

In-Home Parent Education

All behavior services require substantial parental involvement

All behavior services are required to use evidence based practices

Behavior Services

Behavioral Services are time limited and may end if:

The plan is effective and the goals and objectives have been reached

The plan has not been effective as shown by data collected by the parent, caregiver, or vendor. Prior to the discontinuation of service, NLACRC will consider the need for program revision, change in vendor, or a different type of service.

The plan is not implemented by parents, repeated appointments are missed, or parents lack sufficient time to participate in plan implementation, thus indicating that other competing priorities preclude full participation of all concerned.

Family Support Services

Respite

Is defined as “regularly scheduled, in-home break from care”

Is assessed based on what supervision needs a similar aged person without a disability would require

Family Support Services

Daycare

Regional Center can fund for the specialized cost associated with daycare when parents are working outside the home or in school that will lead to employment

Share of cost for minors ranging from \$1-\$3 per hour based on income

No share of cost for adult consumers

FCPP

Family Cost Participation Program

For consumers under 18 years old

Share of cost for respite and day care

Sliding scale based on income

Consumer's receiving MediCal are exempt

Annual Family Program Fee

Requires all families with a consumer under 18 years old and who do not have Medi-Cal, to pay \$200 per year for services other than respite or daycare

Can be lowered to either \$150 or \$0 based on income

Paid directly to DDS, not Regional Center

Family Support Services

Personal Assistance

Is defined as parent plus assistant for medical purposes when a two person transfer/lift is required, when two people are required to ensure safety when completing activities of daily living, or when there are severe behaviors requiring two people to ensure safety/redirection

IHSS/Protective Supervision is typically used to meet this need and Regional Center will fund only while this service is being accessed or has been denied and appealed

Additional Services

Adaptive Skills Training

Social Skills Training

Educational Advocacy

Coming soon!

- Self Determination

Services for Adults

Day programs (Site & Community Based)

Work Activity Centers

Supported employment (Group & Ind.)

California Employment First Guidelines

- Competitive Integrated Employment
- Workforce Innovation Opportunities Act (WIOA) DOR

Transportation to day programs

Time-limited ILS training for consumers in the family home.

Living Options for Adults

Living options for adults [in addition to staying with parents and family members] include:

Group homes with different amounts of support.

Living in own apartment or home with Independent Living Skills training and support.

Living in own apartments with Supported Living Services.

What to Expect from Your CSC

Conduct IPP's/AR's every year or as needed

Make referrals to generic agencies

Monitor service delivery

Advocacy

CSC's are often visiting other families and they have a 24 hour call back policy. (Leave a detailed message.)

Regional Center has an Officer of the Day (with a cell phone) for each case management department for urgent or time sensitive issues.

After Hours On-Call for urgent situations that cannot wait until the following work day.

Family Focus Resource Center

Office at CSUN for non-RC clients;
Offices for NLACRC Regional Center
consumers at all of the branch
offices.

Family Focus Services

Parent to parent mentoring

Workshops and parent education

Resources and Referral

IEP Training

Support Groups

Lending Library

Getting Families Connected

NLACRC is actively engaged in a variety of projects that are aimed to address disparities in the community. In other words, who are not accessing services that need the services.

The regional center system is complex and sometimes parents and families do not know how to navigate or understand what the concept of “generic resources”

Current Projects: Parent Mentor and Integrated Community Collaborative.

ICC Parent Collaborative

Introduction of ICC and quick overview of project

Web Resources

Department of Developmental Services (Home Page):

www.dds.ca.gov

Search Bills:

www.leginfo.legislature.ca.gov

Association of Regional Center Agencies:

www.arcanet.org

NLACRC Home Page:

www.nlacrc.org

Disability Rights California(formerly PAI)

<http://www.pai-ca.org/>

NLACRC Resource Library by appointment
through your CSC or Publications Dept.

Questions and Feedback