

# Relationships/ Boundaries & Sexuality Class for Teens

Free Training for teens (13 - 17 yrs. old) with intellectual disabilities- a parent or guardian must attend with the teen



Sponsored by: North Los Angeles County Regional Center  
Presenter: **Kathryn Lincoln, Community Outreach Specialist**

## **This 4-session class will cover:**

1. Differences between strangers, acquaintances, friends and girlfriends/boyfriends
2. Boundaries in relationships
3. Private vs. public
4. Understanding your body- puberty
5. Sexuality
6. Preventing sexually transmitted diseases and unwanted pregnancy

**When: 4 Tuesday evenings from 6 PM - 7:55 PM  
6/8, 6/15, 6/22 and 6/29/10- only 1 absence is allowed**

**Where: North Los Angeles County Regional Center-  
15400 Sherman Way, Van Nuys, CA 91406- west of  
Sepulveda Blvd. Meet in conference room 210.**



**Lemonade and a snack will be served at the  
break**

*To register, please call Kathryn Lincoln by 6/1/10  
PH 818-756-6225, Fax- 818-756-6130 or email-*

*[kathrynl@nlacrc.org](mailto:kathrynl@nlacrc.org)*

*Register now. Space is limited!*