

North Los Angeles County Regional Center  
**Self Determination Local Volunteer Advisory Committee**  
**Meeting Minutes**  
September 15, 2016

- Present:** Sandra Baker, Victoria Berrey, Mercedes Del Cid, Allison Cameron Gray, Debra Newman, Bebo Saab – Committee Members  
Ruth Janka, Evelyn Chamorro – NLACRC Staff  
Julie Eby-McKenzie – State Council on Developmental Disabilities  
Anna Frise - Guest
- Absent:** Nicole Carter, Richard Dier, Michelle Heid, Ellen Jannol – Committee Members
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**1. Call to Order & Introductions**

In Richard’s absence, the meeting was called to order by Debra Newman at 7:15p.m. A quorum was present. Introductions from the Committee were made. Our guest introduced herself.

**2. Public Input & Comments**

Anna told us that she is interested in Self Determination for her son. She asked when the mandatory meeting for pre-enrollment will be scheduled.

**3. Training Topic: Independent Facilitators.**

The training topic will not take place tonight because the panelists were not available. It will take place at our November meeting. Debra suggested that we discuss any questions for the Independent Facilitators. Julie gave a brief overview of the role of the Independent Facilitator.

One panelist will be a Facilitator, and one will be a parent of a consumer. Debra would like to know how much time and effort was required by the parent. Bebo would like to know how they knew what to do. Julie said there will be a required training but the details of what is required are not published yet. Julie and Bebo suggested that consumers and families check their references. Victoria suggested to ask what their experience is, what committees they sit on. Mercedes asked how they determined their fees. Julie said this is not part of the statute and it will be negotiated. Victoria would like to know how much time they spent setting up services at the beginning, and then how much time later on. She also would like to know if they will be facilitating the Person Centered Planning process. Ruth said they need to be trained in it, but they may not be the one doing it. Julie suggests that the Independent Facilitator should have a good understanding Person Centered Thinking, not just Person Centered Planning.

Our guest asked if we will be coming up with a list of suggested questions for an Independent Facilitator. Debra suggested we make this a future agenda item for the Committee. The Committee discussed how much time to allow for the training. We decided one hour, to start after consent items and Committee Reports.

**4. Consent Items**

A. Approval of Agenda

**M/S/C** (B. Saab/M. Del Cid) To approve the Agenda as written.

<b>Baker</b>	Yes	<b>Gray</b>	Yes
<b>Berrey</b>	Yes	<b>Heid</b>	Absent
<b>Carter</b>	Absent	<b>Jannol</b>	Absent
<b>Del Cid</b>	Yes	<b>Newman</b>	Yes
<b>Dier</b>	Absent	<b>Saab</b>	Yes

- B. Approval of Meeting Minutes from August 18 Meeting:  
C. **M/S/C** (S. Baker/M. Del Cid) To approve the Agenda as written.
- |                |        |               |           |
|----------------|--------|---------------|-----------|
| <b>Baker</b>   | Yes    | <b>Gray</b>   | Abstained |
| <b>Berrey</b>  | Yes    | <b>Heid</b>   | Absent    |
| <b>Carter</b>  | Absent | <b>Jannol</b> | Absent    |
| <b>Del Cid</b> | Yes    | <b>Newman</b> | Yes       |
| <b>Dier</b>    | Absent | <b>Saab</b>   | Yes       |

5. **Committee Reports**

- A. Chair's Report – Tabled due to absence of Richard.  
B. Board Actions – Debra said there is nothing new to report.

6. **NLACRC/DDS/Update**

- a. Current Interest List – Ruth provided a statistical analysis of consumers interested in SDP. No changes since our list meeting. Evelyn stated she did not do outreach during summer and started up again in early September.
- b. Community Outreach – Evelyn distributed a calendar of scheduled outreach events. She asked that Committee members let her know if they wish to attend. She almost completed all FFRC groups and is now doing some community groups such as the Armenian support group and SKIP. Some of these groups meet on the weekends. She is going to the CAC meeting on October 4. Ruth shared that she has some hesitation about asking SELPAs to do outreach due to the fact that in some areas of NLACRC's catchment, students have trouble receiving related services from the school district and she does not want the unintended consequence that CACs use this as a reason for not providing services they are obligated to, or students who are not eligible for Regional Center services being disappointed. She is going to schedule meetings with SELPA administrators to discuss. Evelyn asked the Committee for recommendations on other groups to reach. Sandra suggested some of the Early Start service providers.
- c. DDS Update –Ruth said that DDS did not submit a revised waiver application to CMS and they are still working on their informal application. Julie said that DDS is working on a number of projects, including the HCBS state transition plan, the Developmental Centers closures, NCI core indicators. She suggests that consumers and family members contact DDS to ask them to make Self Determination a priority. Ruth said that affordable housing is also a priority. Bebo announced that DRC and ILCs sued the City of Los Angeles to provide 4,000 affordable and accessible housing units in the City of Los Angeles over the next 10 years.

7. **Old Business**

- A. None

8. **New Business**

- A. Committee members becoming independent facilitators – the issue was a potential conflict of interest when a Committee member is working as a paid facilitator. It may give the appearance of an endorsement because they sit on the Committee. Sandra asked how we know someone will be a facilitator. Ruth said she believes we will see independent facilitators start to put up their shingle as a business opportunity.

**M/S/C** (B. Saab/S. Baker) To defer further discussion on Committee Members as independent

facilitators for a future meeting.

<b>Baker</b>	Yes	<b>Gray</b>	Yes
<b>Berrey</b>	Yes	<b>Heid</b>	Absent
<b>Carter</b>	Absent	<b>Jannol</b>	Absent
<b>Del Cid</b>	Yes	<b>Newman</b>	Yes
<b>Dier</b>	Absent	<b>Saab</b>	Yes

- B. Suggestion to have SDP meetings after CAC meetings. This came up at last month's meeting as a suggestion from Connie Lapin. The NLACRC CAC meetings take place on the first Tuesday of the month at 2pm. The CAC meetings take place in Van Nuys (soon in Chatsworth), while the SDP meetings move around. Evelyn is presenting to the CAC in October. Victoria suggested that Committee members could attend the CAC meetings periodically. We will get on their agenda for a future meeting but keep our SDP meetings as scheduled for now. No action.
- C. Future Agenda planning – October – possibly videoconference with Rick Wood from Kern County. For January, Person Centered Planning and the Budget by Liz Harrell. Review of Lanterman Act and the SDP side by side. Victoria suggested doing some extra outreach for the October meeting and having Evelyn do her presentation at the beginning of the meeting. Agenda item for outreach in outer Antelope Valley. Bebo suggested CSCs should take the e-news to IPP meetings for consumers who live in Antelope Valley.

**9. Public Comment**

Anna said that she learned a great deal at the meeting.

**10. Adjournment**

Meeting was adjourned by Debra at 8:33.

Submitted by Victoria Berrey, Secretary.