

North Los Angeles County Regional Center
Consumer Advisory Committee Meeting Minutes
April 5, 2016

Present: Pam Aiona, Mary Jo Fernando, Lesly Forbes, Daniel Garcia, Hillary Marides, William Rayber, and Adam Stokes – Committee Members

Nina Daly, Jill Martin, Maria Moreno, and Gerald Robles – Guests

Jennifer Kaiser and Jose Rodriguez – Staff Members

Absent: All present

1. Call to Order & Introductions

Mary Jo Fernando, CAC chair, called the meeting to order at 2:00 p.m. Introductions were made. Everyone sang “Happy Birthday” to Adam and his birthday was celebrated with ice cream and cupcakes.

2. Public Input (3 minutes)

A. Lesly announced that the annual Strawberry Festival will be held in Oxnard on May 20th and 21st. You can take the Amtrak to Oxnard and there is a free shuttle at the Amtrak station that can take you to the festival.

B. To follow-up on last month’s disaster preparedness presentation, Jill shared a pamphlet she had on SNAP – the LA County Specific Needs Disaster Registry. The purpose of this registry is to help the planning and implementation of disaster response by first-responder agencies to people with disabilities. If you live in the LA area and have any conditions which might affect your ability to evacuate a building, travel to, or remain safe in an emergency evacuation center, or to securely shelter in place without assistance, then you may want to consider enrolling in the Registry.

Action: Jennifer will provide written information about the SNAP program at next month’s CAC meeting.

3. Consent Items

A. Approval of Agenda

M/S/C (D. Garcia/H. Marides) To approve the agenda as presented.

B. Approval of Minutes of March 1st Meeting

One change was made to the meeting minutes: the last sentence of Section 5.B. should read, "... take the **233** or 744 bus to get there."

M/S/C (L. Forbes/D. Garcia) To approve the minutes as amended.

4. **Presentation:** "Health and Nutrition" (Maria Moreno, LA Care)

Maria gave the committee important tips on how to select the right types of food to eat at each meal. A good diet includes fruits, vegetables, grains, proteins, and some dairy. Maria gave the presentation in Spanish and it was translated into English by an interpreter who was present!

5. **Committee Business**

A. Reports on Employment, Transportation, Legislation, and Housing (All)

1. Report on Access Services Meeting (Liz): Liz Lyons was not present to give her report.
2. Report on Valley Transportation Summit: Mary Jo reported that she went to the transportation summit at CSUN, but the summit was only about transportation to get to CSUN – not about transportation for the whole San Fernando Valley as she had thought.
3. LA City Affordable Housing (Jennifer): In follow up to Daniel's housing report at last month's CAC meeting, Jennifer provided the committee with further information about recent affordable housing developments in the LA area. The LA County Board of Supervisors recently voted to set aside \$100 million a year in a dedicate affordable housing program budget. In addition, LA Mayor Eric Garcetti proposed new fees for developers to raise more than \$100 million a year that would be used to develop affordable housing.

B. Report on LA Care Meeting (Hillary)

Hillary is a member of the LA Care Regional Community Advisory Committee (RCAC), Region2. The last meeting was held on Monday, February 22nd. The goals for that meeting were:

1. Learn about L.A. Care business from the Executive Community Advisory Committee and the Community Outreach & Engagement Department
2. Provide an opportunity to identify community issues affecting members in the region.
3. Connect with health navigators to address individual member issues.
4. Discuss the 2016 RCAC Community Work Plan Project.

C. Updated Event Calendar

There were 3 events listed on the calendar and Jose provided information about them to the committee:

1. NLACRC Legislative Breakfast: Friday, April 8th
2. Zoning Code Public Forum: Wednesday, April 20th
3. Self-Advocacy Conference on Relationships: Saturday, May 7th

D. Review Agenda for April 13th Board of Trustees Meeting (Jennifer)

Copies of the April 13th board meeting agenda were provided to the CAC and Jennifer reviewed it with them. The board will be given a short presentation on the National Core Indicators Project. The board meetings are open to the public and anyone is welcome to attend. The board meetings are generally held on the 2nd Wednesday of each month at 6:30 p.m.

E. CAC Chair Election

Daniel, Lesly, and Pam were each given time to tell the committee why they wanted to become CAC chair. Afterwards, ballots were provided and a vote was taken.

Action: Daniel Garcia was elected to serve as CAC chair for next fiscal year and Pam Aiona was elected to serve as vice-chair.

6. **Identify Agenda Items for the Next Board Meeting**

The following items were identified for the CAC's section of the April 13th board meeting agenda:

- A. Minutes from the April 5th Meeting
- B. Announcement of FY 2016-17 CAC Chair

7. Announcements / Information / Public Input

A. Notice of Proposed Settlement

A lawsuit was filed in 2010 alleging that the City of LA violated disability access laws by denying individuals with mobility disabilities access to pedestrian facilities, such as intersections, crosswalks, streets, curbs, etc. The court did not decide in favor of either side, but both sides agreed to a settlement. The settlement will be in effect for 30 years and includes:

1. Access barrier removal in existing pedestrian facilities.
2. Priority guidelines for removal of access barriers.
3. An access request program.
4. Access to newly constructed and altered facilities.
5. An access and construction database.
6. An Americans with Disabilities Act (ADA) coordinator.
7. Monitoring.

B. Computer Class

Free classes are being given by the Community Activity Living Independent and Free at 634 South Spring Street in LA. Classes are being offered for Microsoft Word, Excel, and PowerPoint programs. For more information, call (213) 627-0477.

C. Easy Access Travel

This agency coordinates travel for people with disabilities, including Hawaiian cruises! For more information, call (951) 202-2208.

D. CAC Attendance Sheet

The CAC attendance sheet is updated each month and included in the meeting packet. CAC members cannot miss more than 2 meetings in a row or 4 meetings in a 12-month period.

E. Next CAC Meeting

The next CAC meeting will be held Tuesday, May 3rd, at 2:00 p.m.

8. **Adjournment**

Mary Jo adjourned the meeting at 3:30 p.m.

Submitted by,

Jennifer Kaiser

Jennifer Kaiser
Executive Assistant

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