

North Los Angeles County Regional Center  
**Self Determination Local Volunteer Advisory Committee**  
**Meeting Minutes**  
September 10, 2015

**Present:** Victoria Berry, Mercedes Del Cid, Michelle Heid, Allison Gray, Richard Dier, Ellen Jannol, Sandra Baker, Debra Newman, Bebo Saab – Committee Members  
George Stevens, Lizeth Chavez – Staff Members  
Julie Eby-McKenzie - State Council on Developmental Disabilities  
Cesar Rubio, Matthew Berrey, Miriam Corona, Neal Osburn - Guests

**Absent:** Nicole Carter - Committee Member.  
Ruth Janka – Staff Member

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**1. Call to Order**

The meeting was called to order by Richard Dier at 7:01 p.m. with a brief introduction from all present at the meeting table. A quorum was present. Richard said he was pleased that the agenda and meeting schedule was shared on the NLACRC website.

**2. Public Input** – There was no public input

**3. Consent Items**

A. Approval of Agenda

**M/S/C** (D. Newman/S. Baker) To approve the Agenda as presented.

B. Approval of Meeting Minutes from June 22<sup>nd</sup> Committee Meeting:

**M/S/C** (B. Saab/S. Baker) To approve the minutes as presented.

**4. DDS/Statewide Advisory Committee News**

The video about Self Determination on the DDS website was shown. It is available with English and Spanish subtitles.

Julie Eby-McKenzie said that the public comment period on the waiver application is now over and DDS can resubmit the waiver application to CMS. CMS then has 90 days to review. The waiver application is on the DDS website.

Richard said he attended the Westside Regional Center LVAC meeting. Members of the Statewide SDP Committee said that it has been decided that FMS providers do not have to be paid in arrears. He feels this is an incentive for FMS providers.

Julie said that Liz Harrell at Eastern Los Angeles Regional Center told her that DDS will cover the cost of fingerprinting for SDP providers. The FMS will invoice DDS for this service.

Richard reported that an FMS will have 3 hiring options:

- Employer (highest cost and risk)
- Co-employment (costs are shared)
- Fee-based (either for buying goods or for an employee who works for another agency)

Richard distributed a hard copy handout about the Bagley-Keene Act, which covers open meetings. He is contacting Cristopher Arroyo of the SCDD to see if he can present this information to us at our October meeting. Debra asked if this presentation is available online; it is not. We will discuss this information at the October meeting. Richard will participate on statewide committee of the Chairs of the LVACs. He would like to discuss best practices.

**Action Items:** Richard to contact Cristopher Arroyo re: presentation at October meeting. Committee members to send any information about other LVACs with Richard.

## 5. Old Business

### A. Review Meeting Schedule

A schedule of our meetings in 2015 was distributed. Debra asked if we are meeting in December.

**M/S/C** (B. Saab/M. Heid) To postpone decision about December meeting until November.

After discussion, the committee voted to postpone this decision until our November meeting.

The Committee discussed having a meeting in the Antelope Valley in early 2016. Royce asked about calling in for meetings. Debra and Julie said that because it is a public meeting, any remote “call in” location must also be accessible to members of the public and have meeting materials available.

The Committee discussed future agendas, how we determine agenda items and when they are required to be publicly noticed. It was agreed that the Executive Committee will determine the agenda, with input from other Committee members

and Ruth Janka. Committee members may ask for an agenda item, but no discussion is permitted. Agendas need to be published 10 days prior to the meeting. The notice must include a statement about how to request accommodations or translation. George Stevens, as staff, was invited to give input. He said the Committee may use NLACRC's simultaneous interpretation equipment. He said he does not believe NLACRC is obligated to fund translators. He suggested that Debra, as Board representative, could ask the NLACRC Board to agree to fund it. Sandra said she may be able to have some Spanish speaking volunteers do translation.

Richard asked what is best practice for translation? Sandra said she likes to use a bilingual presenter when possible, because she believes translators may take more time. Debra asked if this happens at the Westside meetings; Richard replied that he believes there has been translation but he did not notice any delays or more time.

**Action Items:** Michelle to contact agencies about location for Antelope Valley meeting. Debra to ask about funding for Spanish translation at meetings.

B. Review Support Groups in the Community

Victoria mentioned the list of support groups provided at the August meeting. Committee members are asked to share any other groups that are not on the list. Richard shared that at a recent Westside SDP LVAC meeting, the Committee members discussed doing outreach at their support groups. Royce asked if it was the LVAC responsibility to do outreach, or NLACRC's responsibility. Richard feels it is not the responsibility of the SDP LVAC. Victoria said that at the 3 SDP meetings that NLACRC held in May and June, Ruth Janka said that NLACRC and FFRC will be partnering to do outreach. Bebo said that he also did 3 or 4 informational meetings in the NLACRC catchment area as well. Richard asked the Committee if we feel we should be doing outreach, and the consensus was that this should be done by NLACRC and FFRC. Sandra said that she is not concerned about outreach to groups, but rather how to reach consumers and their families who are not connected to a support group. Royce and Bebo suggested that CSCs are a good point of contact to share information about the SDP.

**Action Item:** Committee should let Ruth or Victoria know about other groups not listed.

C. Discuss Self Determination information table at Special Needs Resource Fair

Victoria said that the FFRC will provide a table at the Special Needs Resource Fair on Saturday, Oct 17. Mercedes and Michelle volunteered to be at the table. The Committee discussed what information to share. Mercedes feels we should not have to reinvent the wheel and should use existing materials. Michelle suggested including

information about the SDP LVAC and our meeting schedule. Julie passed around a one page handout about the SDP in simple language, suitable for consumers. We agreed to modify this flyer with information specifically about NLACRC.

**Action Items:** Julie to send Michelle the flyer for modification (English/Spanish). Committee members to share any other flyers at the next meeting.

**6. New Business**

A. Review DDS Memo of the Structure of Local Advisory Committee Meetings  
We discussed this at August's meeting.

B. Update of the Self Determination Program Waiver Application  
We discussed this under Item 4.

C. Public Meetings – Interpreting Services and Publication of Meeting Schedule and Minutes  
We discussed this under item 5. Suggested agenda items for next meeting include asking how CSCs handle SDP inquiries from consumers/families (Bebo); how will NLACRC share info with the LVAC and how LVAC will share info with NLACRC staff (Richard).

**7. Adjournment**

Meeting was adjourned by Committee Chair, Richard Dier at 7:29 p.m.

Submitted by

Victoria Berrey  
Secretary