

North Los Angeles County Regional Center
Strategic Planning Committee Meeting Minutes
August 5, 2013

Present: Diane Ambrose, Charles Devlin, Sara Iwahashi, Martha Lopez, Jay Lytton, Michele Marra, Steve Miller, William Rayber, Meredith Rimmer (via teleconference), Kim Rolfes, Ingrid Rushing, Cynthia Sewell, and George Stevens – Committee Members
John Doebler, Jennifer Kaiser, Ken Lane, and Joan Watson-Patko – Staff Members

Absent: Cathy Blin, Dawn Hamilton, and Jonathan Istrin

I. Call to Order & Introductions

The meeting was called to order at 6:40 p.m. by Meredith Rimmer, the committee chair from last fiscal year. Introductions were made.

II. Public Input – There was no public input.

III. Consent Items

A. Approval of Agenda

M/S/C (J. Lytton/M. Lopez) To approve the agenda as presented

B. Approval of Minutes of May 6th Meeting

M/S/C (W. Rayber/M. Rimmer) To approve the minutes as presented.

IV. Committee Business

A. Annual Committee Orientation (Review Policies & Procedures)

Copies of the policies and procedures were included in the meeting packet. Returning committee members should review the policies and procedures to refresh their memories on the purpose of the committee. New committee members (Dawn, Jonathan, Martha, and Jay) should become familiar with the policies and procedures and see George with any questions.

B. Committee Action Log from FY 2012-13

All of the actions that were taken by the board and its committees are entered into a log. Copies of the logs are provided to the board and to its committees in August of each year. The committee's action log for last fiscal year was provided for the committee's review and information.

C. Committee Meeting Schedule for FY 2013-14

The committee is scheduled to meet on the following dates this fiscal year:

1. Monday, August 5, 2013 at 6:30 p.m.
2. Monday, November 4, 2013 at 6:30 p.m.
3. Monday, February 3, 2014 at 6:30 p.m.
4. Monday, May 5, 2013 at 6:30 p.m.

D. Performance Contract Update

1. History

Sara provided some history about how the regional centers performance contracts with the Department of Developmental Services (DDS) came to be and how they have changed through the years. The current contract focuses on how each regional center is doing in the following categories:

- Percent of total population with active status in developmental centers.
- Children residing with families.
- Adults residing in home settings.
- Adults residing in adult foster home agencies.
- Adults residing in an independent living setting.
- Adults residing in the home of a parent or guardian.
- Adults residing in a supported living setting.
- Children residing in facilities with 7 or more beds.
- Adults residing in facilities with 7 or more beds.
- Individuals with status 1 or 2 on client master file (CMF) with current client development evaluation report (CDER).
- Duration in intake for individuals 3 years and older.

The center strives to be better than the statewide average in each category. And since 2004, when the current performance contract format was first implemented, the center has been better than the statewide average and continues to improve on its own numbers.

2. Draft Public Meeting Flyer/Comment Form

The center must hold a public meeting to present its draft contract to the community for their review and input. Sara presented the draft flyer for the public meeting along with a comment form that people can use if they want to provide input but cannot attend the meeting. The public meetings will be held at the center's Antelope Valley office on Tuesday, August 20th, at 6:30 p.m. and at the center's San Fernando Valley office on Thursday, September 5th, at 2:00 p.m. and 6:30 p.m. We never receive much of a turnout at these meetings.

3. Draft 2014 Performance Contract

Copies of the draft contract were provided to the committee and it has also been posted on our website. The new contract includes similar performance measures as before (listed above) and also includes some *additional performance measures*:

- Number of regional center consumers in developmental centers.
- Number of minors residing in family settings.
- Number of adults residing in independent living.
- Number of adults residing in supported living.
- Number of adults residing in adult family home agencies.
- Number of adults residing in family homes.
- Number of adults residing in home settings.
- Number of minors living in facilities serving more than 6 consumers.
- Number of adults living in facilities serving more than 6 consumers.
- Number of individuals on CMF with current CDER or Early Start report (ESR).
- *Number of adults in supported employment.*
- *Number and percent of adults with earned income and average wage (aggregate).*
- *Number of adults in competitive employment.*
- *Number of consumers with access to medical and dental services.*
- *Number of consumers (per thousand) who have been victims of abuse.*

The contract also includes the following compliance measures:

- Unqualified independent audit with no materials finding(s).
- Substantial compliance with DDS fiscal audit.

- Accuracy of purchase of service (POS) fiscal projections based on the center's February Sufficiency of Allocation Report (SOAR).
- Operates within the center's operations budget.
- Certified to participate in the waiver.
- Compliance with vendor audit requirements.
- CDER/ESR currency.
- Intake, assessment, and Individual Family Service Plan (IFSP) time lines.
- Intake/assessment time lines for consumers over 3 years of age.
- Individual Program Plan (IPP) development.
- IFSP development.

The contract lists each performance measure along with the activities the center will employ to achieve the outcomes. The draft contract will be presented to the Board of Trustees in September for their review and again in October for their approval. Once approved the contract must be submitted to DDS for their review and approval.

4. Local Outcomes

Regional center performance contracts can also include local outcomes (e.g. the number of adults in competitive employment). But to date, our center has never included any local outcomes. George reported that the Vendor Advisory Committee (VAC) is currently working on a project to increase employment opportunities for our consumers. After discussion, it was decided that the VAC's project would remain separate and not be included as a local outcome of the center's performance contract.

Action: George will provide the Strategic Planning Committee with periodic reports on the VAC's project to increase employment opportunities for our consumers.

E. Follow up from Last Meeting (George)

1. Federal Health Plan's Effect on Work Activity Programs: George consulted with ARCA and DDS on this and could not get an answer.

Action: Cynthia will continue to keep the committee apprised on this issue.

Cynthia asked if providers are required to offer health insurance to employees who have Medi-Cal.

Action: George will forward information to Cynthia about The Affordable Care Act that was produced by The Arc.

2. Planning for Aging Consumers with Down Syndrome/Alzheimer's: This would require additional resources and training. Cynthia asked if DDS was aware of this issue; George said he didn't think so.
3. Lack of Resources in the Community - Deferred

F. Trailer Bill Language & DDS/Regional Center Contract Changes

1. Zero Tolerance Policy: Per trailer bill language, the center must establish a zero tolerance policy on the abuse or neglect of consumers. A copy of the draft policy was included in the meeting packet. The center's attorney was consulted and his recommendations were included in the draft policy.

Action: Committee members should provide any input on the zero tolerance policy to Jennifer so she can share it with the Administrative Affairs Committee.

2. Insurance Coverage for Behavioral Services: Funding has been problematic for families who fall under the insurance mandate and regional centers are prohibited from paying deductibles. This program is separating consumers and their families from needed services. It's providing an uneven playing field for families who qualify and those who do not.
3. Annual Family Program Fee: The fee did not sunset as it was scheduled to on June 30th. Unfortunately, it has been made permanent.

G. Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5)

The DSM has been updated and contains some significant updates and changes from the DSM-4 that was issued 20 years ago. Specifically, the new edition changes the eligibility criteria to include autism spectrum disorders and changes the references to "mental retardation" to the current "intellectual disability." The

center has a comprehensive PowerPoint presentation on the changes the new DSM has made which has been shown to the center's Management Team.

H. Candidates Forum: Tuesday, August 27th, at 6:30 p.m. (Sam's Café)

Bob Blumenfield (district 45) has left his Assembly member position to accept a position with the Los Angeles City Council. A special election will be held September 17th for the candidates running for his assembly seat. The center is planning to hold a candidates' forum to give our community an opportunity to meet each candidate and to have them provide us with their position on specific issues. Flyers for the event were provided. It is very important that we have a good turnout for this event; please invite people to register online. This is a very important seat for us and we need to have someone in it that can represent us in Sacramento. Jay suggested that the center partner with advocacy groups to help advertise the event (e.g. Autism Speaks, CSUN radio station, etc.). The center is making a targeted mailing to the people in district 45. Sara invited the committee members to participate in a planning meeting for this event that will be held this Wednesday at 11:00 a.m.

V. Board Meeting Agenda Items

The following agenda item was identified for the August 14th board meeting:

- A. Minutes of August 5th Meeting

VI. Announcements / Information / Public Input

- A. Next Meeting: Monday, November 4, 2013 at 6:30 p.m. (A committee chair will be elected at the next meeting.)

VII. Adjournment

Meredith adjourned the meeting at 7:42 p.m.

Submitted by,

Jennifer Kaiser

Jennifer Kaiser
Executive Assistant

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