

North Los Angeles County Regional Center
Consumer Advisory Committee Meeting Minutes
August 2, 2016

Present: Melissa Ferman, Lesly Forbes, Jacob Freeman, Daniel Garcia, William Rayber, Ben Segel-Evans, and Adam Stokes – Committee Members

Nina Daily, Katrina, Mary Jo Fernando, Elizabeth Lyons, Duane Joslin, Fabian, and Maddy – Guests

Jennifer Kaiser and Jose Rodriguez – Staff Members

Absent: Pam Aiona and Hillary Marides

1. Call to Order & Introductions

Daniel Garcia, CAC chair, called the meeting to order at 2:00 p.m. Introductions were made. Daniel welcomed new members Melissa Ferman, Jacob Ferman and Ben Segel-Evans to the CAC. Then everyone sang “Happy Birthday” to Jake who has a birthday later this month!

2. Public Input

- A. Liz Lyons reported that doctors are not required to have the beds for their patients move up and down to accommodate people with disabilities.
- B. Jose Rodriguez reported that he saw a presentation by LA Care on healthy eating and it was really good.
- C. Melissa Ferman reported that LA Care also offers lots of different classes, like yoga and zumba.
- D. Duane Joslin reported that a small plane just crashed at Van Nuys Airport and cautioned everyone to be careful as wires are down and traffic is being redirected.

3. Consent Items

- A. Approval of Agenda
M/S/C (W. Rayber/L. Forbes) To approve the agenda as presented.
- B. Approval of Minutes of June 7th Meeting
M/S/C (W. Rayber/A. Stokes) To approve the minutes as presented.

4. **Committee Business**

A. Group Photo for Website – *Deferred until next month's meeting.*

B. Annual CAC Orientation

At the beginning of each new fiscal year, all of the board committees, including the CAC, review their policies. This helps refresh the memories of the current members and helps educate any new members.

1. Review Policy and Procedures: Copies of the CAC policies and procedures were provided and read aloud. The purpose of the committee is to provide the Board of Trustees with any recommendations they have on matters that are important to consumers.
2. Review Visitation Policy: CAC members are encouraged to visit regional center funded programs, by themselves or with other CAC members, to educate themselves about the services that are being provided to consumers and to also reach out to the consumers there to let them know about the CAC and what it does. Any CAC members interested in making a visit should contact Jennifer and she will make the arrangements.
3. Review Meeting Protocol and Voting Procedures: Copies of the meeting protocol were provided, which included the following 3 points:
 - Raise your hand if you want to say something.
 - Do not interrupt others while they are talking.
 - Do not carry on a conversation with the person next to you while someone else is speaking.

Copies of the voting process were provided to the committee and Jose explained how the voting process works. The reason the voting process is important is because it makes sure each person's opinion is heard, and a motion will only pass if a majority of the members want it to pass.

C. Reports on Employment, Transportation, Legislation, and Housing (All)

1. Report on Access Services Meeting: Access now has curb-to-curb service for riders who need a little extra help. The drivers can only assist people to and from their doors as they have to keep within sight of their vans.

But they can help riders with their baggage or groceries, but you need to request curb-to-curb service when making your reservation. Also, Access is now using a new service to handle complaints. Also no fare increases were discussed, which is good news.

2. New Metro to Santa Monica: Liz reported that there is a new metro line will take you to the Santa Monica pier! She and some friends from other regional centers met and took the metro down there and saw a reggae concert last weekend! You can catch the metro and the 7th & Metro station in downtown LA.
3. Daniel recently participated in a conference in Washington, DC and shared copies of 2 presentations that he saw:
 - “The Disability Integration Act: The unfinished business of the ADA.”
 - “Advocating for National Housing Trust Dollars.” To find out what is happening in our area, Google: National Low Income Housing Coalition and National Housing Trust Fund.

D. Report on LA Care Meeting (Hillary)

Hillary was not present to give a report, but Liz reported that an election was held at the last LA Care meeting; Wilma is the new chair and Hillary was elected as the new vice-chair. The LA Care Committee is busy planning workshops and Mary Jo Fernando was their greeter at the last meeting!

E. CAC Action Log FY 2015-2016

All of the actions that the CAC took last fiscal year were listed in a log. Copies of the log were provided so that everyone can see the types of actions that the CAC took last fiscal year. The CAC took a total of 37 actions!

F. CAC Meeting Schedule for FY 2016-17

Copies of the meeting schedule were provided. The CAC meets 10 times per year; they do not meet in December or July. Also, a holiday luncheon is held prior to the CAC's November committee meeting. The lunch will be from noon to 1:00 pm and the meeting will start early and go from 1:00 to 3:00 pm. CAC members are invited to bring a guest with them to the luncheon and meeting!

G. Review CAC Goals from FY 2015-16 and Identify Goals for FY 2016-17

The CAC reviewed their goals from the prior year and decided they would like to keep the same goals for this fiscal year.

M/S/C (L. Forbes/W. Rayber) To recommend to the Board of Trustees to approve the CAC's priorities for FY 2016-17.

H. Updated Event Calendar

Jose provided copies of the CAC's updated event calendar and also provided them with flyers for various events.

I. Training/Presentation Calendar for FY 2016-17

The following trainings/presentations will be given at the upcoming CAC meetings:

1. September: The state and regional center budgets
2. October: ARCA's Housing Survey Results
3. November: CAC's Annual Holiday Lunch
4. December: No CAC meeting
5. January: Department of Rehabilitation

Action: Jennifer will find out if George Stevens, NLACRC's executive director, will be available to give a budget update at the September CAC meeting.

Action: Jennifer and Jose will work together on the Housing Survey presentation in October.

The following suggestions for trainings/presentations in 2017:

- Metro: markings and straps for riders with wheelchairs or scooters.
- A workshop on independence and how to handle overly-protective parents.
- The Red Cross: emergency preparedness

J. Report on July 8th ARCA CAC Meeting (William)

The Association of Regional Center Agencies' (ARCA's) CAC is comprised of 1 consumer from each of the 21 regional centers. They hold conference calls and hold meetings during the year. Their meetings are held 5 times a year in Sacramento. William is NLACRC's representative to that committee. William reported that at the July 8th meeting, the committee discussed:

1. Future planning for the ARCA CAC.
2. Discussion of topics for the next meeting.
3. How to improve housing for consumers.
4. The self-determination program.
5. Legislation and budget updates.

At the end of each meeting, the CAC members give reports on what activities their regional centers are currently involved in. The ARCA CAC will have a conference call on August 26th and will meet in person on October 14th.

K. Review Agenda for August 10th Board of Trustees Meeting (Jennifer)

Copies of the agenda were provided and Jennifer reviewed it. Board meetings are always open to the public and Jennifer invited anyone interested to attend. The board meetings generally start at 6:30 p.m. and end around 8:30 p.m.

6. Identify Agenda Items for the Next Board Meeting

The following items were identified for the CAC's section of the August 10th board meeting agenda:

- A. Minutes from August 2nd Meeting
- B. Approval of CAC Priorities for FY 2016-17

7. Announcements / Information / Public Input

A. CAC Attendance Sheet

Updated attendance sheets are always sent as part of the CAC meeting packets. CAC members cannot miss 3 meetings in a row or 5 meetings in a 12-month period.

- B. Next CAC Meeting: Tuesday, September 6th at 2:00 p.m.

8. **Adjournment**

Daniel adjourned the meeting at 3:25 p.m.

Submitted by,

Jennifer Kaiser

Jennifer Kaiser
Executive Assistant

[camin.aug2.2016]

