

North Los Angeles County Regional Center
Self Determination Local Volunteer Advisory Committee
Meeting Minutes
June 16, 2016

- Present:** Nicole Carter, Richard Dier, Ellen Jannol, Michelle Heid, Allison Cameron Gray, Bebo Saab – Committee Members
Ruth Janka, Evelyn Chamorro, George Stevens – NLACRC Staff
Angelica Ang, Jerome Chua, Lisa Fisher, Marisol Garcia, Lidia Meza, Roxanna Ortiz, Jacquie Williams - Guests
- Absent:** Sandra Baker, Victoria Berrey, Mercedes Del Cid, Debra Newman– Committee Members
Julie Eby-McKenzie – State Council on Developmental Disabilities
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1. Call to Order & Introductions

The meeting was called to order by Richard Dier at 7:04 p.m. A quorum was present. Introductions from the Committee were made. Richard asked the guests to introduce themselves.

2. Public Input & Comments

None.

3. Person-Centered Planning Training

Richard provided some general information regarding person centered planning and inclusion of this within self-determination and offered to share information regarding his son's person centered plan that was completed through the school district.

- A. Tierra Del Sol and Jay Nolan are both here to present information regarding person centered planning.
- B. Marisol Garcia, Tierra Del Sol provides training at Tierra and is involved with Path Planning, which is a one method of person centered planning. At Tierra new clients who have been with them for 30 days have a Path Plan created. Consumers are involved with creating the plan and inviting people to be involved that are helping support them (parents, professionals, and friends).
- C. Richard shared that with person centered planning the individual is involved in each of the planning sessions while the individual may not be involved with IPP planning. Additionally, he added that significant individuals in the person's life can be invited to the planning meetings, but the individual who's plan is being developed should be in charge of who is involved.
- D. Michelle shared that consumers can be involved in IPP and IEP meetings as the team allows for them to participate, but that consumers are the main focus of person centered plans.
- E. Marisol shared that prior to the Path Plan meeting the professionals first get to know the individual and then the meeting is 1.5-2 hours. Both an oral facilitator and graphic facilitator are conducting the meeting. Oral facilitator is leading the meeting and ensuring that the individual is comfortable and that their voice is heard. Graphic facilitator will record, summarize, expressing the emotion of the meeting, and visually representing the meeting (using colors and images).
- F. What are the dreams of the individual and who from their circle of support can help with what items. Breaking things down into manageable pieces.
- G. To begin a Path Plan, introductions are made and brainstorming begins where the individual shares what they really want for their future and others share thoughts.
- H. Marisol arrived early and drew a partial Path Plan for Charlie Bucket (Charlie and the Chocolate Factory) using large paper on the wall with colors, words, pictures, and other visuals. There are also ground rules for the participants.
- I. What are the most important components of the brainstorming for the individual? Team begins to breakdown the goals leading to what is possible and positive. The focus remains on the individual, but

they may ask for help from their circle of support if needed. The facilitator will help them when needed.

- J. The facilitator then determines where the person is now and what skills they have. Then they begin to discuss how the person can meet their goals (e.g., now, enroll, get stronger, next steps, next month, and bold steps).
- K. Providers can then use the information in the Path Plan to develop ISP goals, schedules, service plans, and activities.
- L. Jay Nolan representative stated that there are other methods for conducting a person centered plan including Essential Lifestyle Planning by Michael Smull, Discovery Try Another Way by Michael Callahan, or Mapping

4. Consent Items

A. Approval of Agenda

M/S/C (B. Saab/E. Jannol) To approve the Agenda as written.

Baker	Absent	Gray	Yes
Berrey	Absent	Heid	Yes
Carter	Yes	Jannol	Yes
Del Cid	Absent	Newman	Absent
Dier	Yes	Saab	Yes

B. Approval of Meeting Minutes from May 19 Meeting:

M/S/C (N. Carter/B. Saab) To approve the Meeting Minutes as presented.

Baker	Absent	Gray	Yes
Berrey	Absent	Heid	Yes
Carter	Yes	Jannol	Yes
Del Cid	Absent	Newman	Absent
Dier	Yes	Saab	Yes

C. Approval of Future Meeting Locations.

M/S/C (N. Carter/A. Gray) To follow the Board calendar (dark in July and December) and meet on the 3rd Thursday of the month for the rest of 2016 at rotating locations.

Baker	Absent	Gray	Yes
Berrey	Absent	Heid	Yes
Carter	Yes	Jannol	Yes
Del Cid	Absent	Newman	Absent
Dier	Yes	Saab	Yes

Discussion involved rotating meetings across valleys as follows:

- August 18th Van Nuys
- September 15th Santa Clarita
- October 20th Antelope Valley
- November 17th Chatsworth

D. Approval of Committee Policies

M/S/C (M. Heid/N. Carter) To define a quorum as a simple majority of Committee members and consistent with Bagley-Keene Act (amended).

Baker	Absent	Gray	Yes
Berrey	Absent	Heid	Yes
Carter	Yes	Jannol	Yes
Del Cid	Absent	Newman	Absent
Dier	Yes	Saab	Yes

Attendance – *deferred; no action taken on Attendance.*

M/S/C (B. Saab/N. Carter) To define two year terms for Committee officers (Chair, Co-Chair, and Secretary) beginning in August 2015 and ending August 2017.

Baker	Absent	Gray	Yes
Berrey	Absent	Heid	Yes
Carter	Yes	Jannol	Yes
Del Cid	Absent	Newman	Absent
Dier	Yes	Saab	Yes

Discussion regarding setting 4 year terms for committee members with no more than half the committee members terming off each year with half from NLA and SCDD terming off (each entity would need to go through the selection process). Item to add to the August meeting agenda.

5. **Committee Reports**

- A. Chair's Report – Richard shared that there is a meeting of LAC Chairs or their designee on June 21st 1-4 and a phone number that is available for call in and asked for volunteers from the committee to attend.
- B. Board Actions – *deferred*

6. **NLACRC/DDS/Update**

- a. Current Interest List – Ruth provided a statistical analysis of consumers interested in SD (currently 92 consumers).
- b. Community Outreach Report – Ruth and Evelyn prepared a simplified version of a power point that is being used during community outreach events based on feedback from participants. Evelyn would like to have feedback on the training materials being used and comments can be sent to directly to her by committee members.
 - i. Concern was shared regarding committee members participating in outreach opportunities when they are also planning to become Independent Facilitators. This leads to a potential conflict of interest (to be discussed in August).
 - ii. NLA is supportive of committee members participating in training, but is not supportive of the committee conducting training or outreach independent of NLACRC.
 - iii. Trailer Bill Language is also proposed that addresses the participation of committee members in training and outreach (to be discussed in August)

- iv. NLACRC is collecting a list of community members interested in becoming independent facilitators.
- v. Translation will be at a cost of \$8,000-10,000 per year for newsletter, minutes, and outreach flyer (to go out with IPPs one time cost). Ruth has discussed with George Stevens the budget for translation. There was discussion among statewide advocates that there might be funds from DDS for implementation.
- c. Status of Internal Staff Training – all NLACRC staff has been trained and provided with information regarding the flyer that will be sent with IPPs and that consumers can add an interest statement in their IPPs, but this does not mean that they will be selected to participate.

7. Old Business

- A. None

8. New Business

- A. August meeting agenda items to include:
 - i. Implementation timeline
 - ii. TBL regarding committee participation in outreach and training
 - iii. Committee member terms
 - iv. Committee members becoming independent facilitators
- B. Future agenda planning
 - i. Training topics: role of the Independent Facilitator, continued role of the regional center, committee participate in person centered planning for a child and adult, framework for SDP, side by side comparison of SDP and traditional services (practical implementation), and discrepancy with suspended services (federal and state statutes).

9. Public Comment

None.

10. Adjournment

Meeting was adjourned by the Chair.

Submitted by

Michelle Heid
Acting Secretary